



# CANON R6 MARK III SETUP GUIDE

*by*

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# Welcome!



The **R6 Mark III** has a lot to offer, and in this guide, I'll walk you through the settings that have worked best for me after extensive real-world use.

Some settings have a clear best option, while others come down to personal preference. Sometimes different shooting situations will require adjustments, but I aim to give you as much of an insight as possible into the camera and how to get stunning results!

To simplify the setup process, I've included a **.CSD file** that you can install directly onto your camera via the **yellow menu #7 (Save/Load cam settings)**. This will also install all my custom modes.

However, before installing it, **I strongly recommend saving your own settings first, so you can restore them if needed. Uploading my setup file will overwrite your current settings**, including file names. While this is a fast way to get started, some settings may not transfer correctly and will need to be adjusted manually. After installing the file, double-check your settings with this guide to ensure everything is set up properly.

Let's set up your camera now! I'll see you again at the end of the guide.

*Jan*

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# CANON'S NEW PASSWORD FEATURE

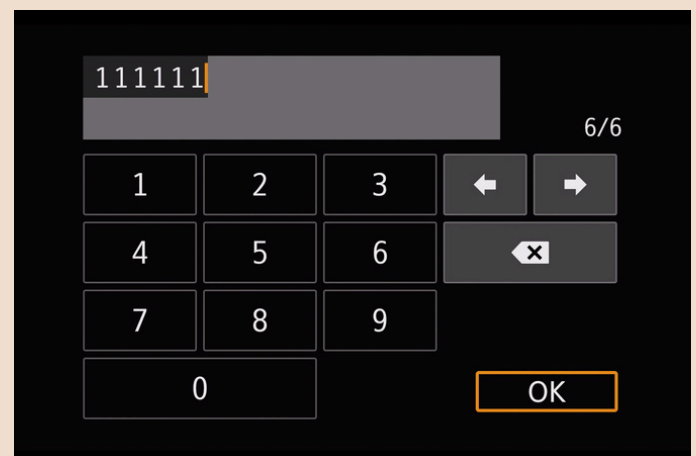
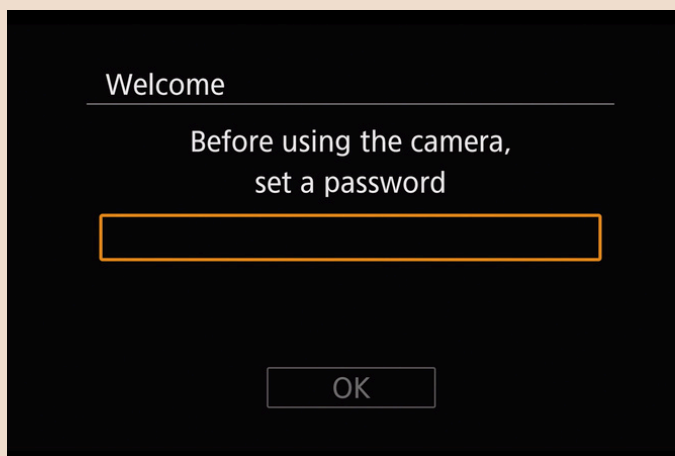
Starting July 2025, Canon added **password protection** for network settings, *however this change affects all users*. When turning on the camera you will be asked to set a **6-digit password**.

Every time the camera restarts, it will prompt you to enter this password again. Don't worry, though, **this can be disabled**.

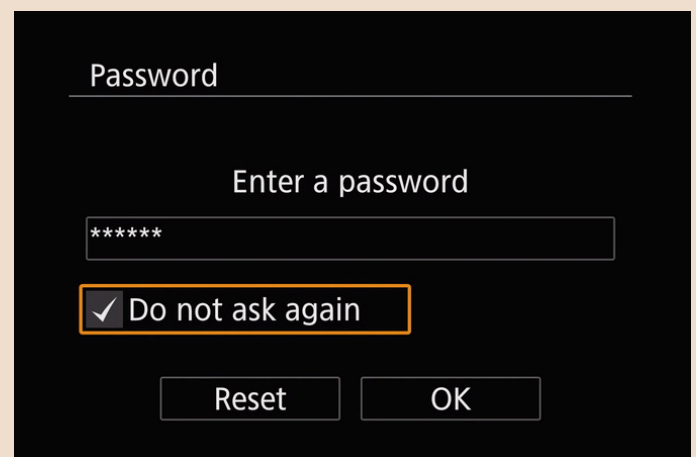
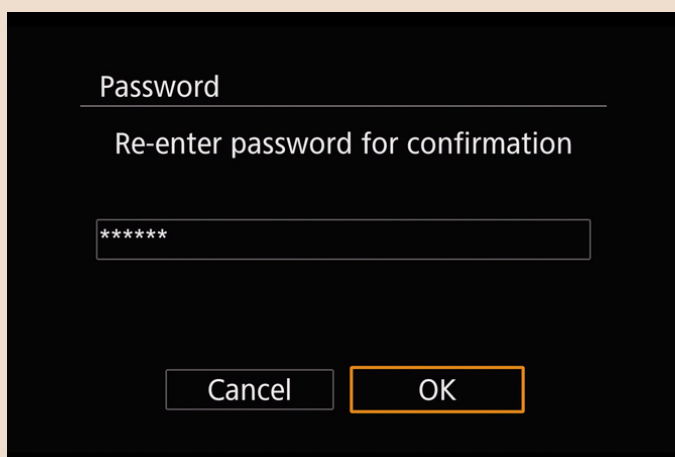
After restarting the camera you are prompted to type in the password and after doing that you can choose **“Do Not Ask Again”**, and **after that the camera behaves like normal again from then on**.

The password can be reset or overwritten by clicking reset and returning the camera to factory settings. So the password does not actually protect the camera from unauthorized use, only network details. Password settings can be found in **yellow menu #6**.

Below are the steps to follow after updating the firmware.



## 1. **Select password** – Set 6 digit combination and confirm, I used 111111



## 2. **Confirm password** – Camera will restart, but won't ask for password – turn it off

## 3. **On reboot** – Enter password and tick 'Do not ask again', then click ok





**PHOTO**  
**SETUP**

# RED PHOTO MENU

**This menu controls all our *core shooting settings* –**  
like image quality, drive mode, white balance, metering,  
and display settings. It's where we fine-tune how the  
camera captures photos.

**We will make a lot of changes in this menu.**





### Image quality – Adjust RAW/JPEG settings

- CRAW for smaller file size and larger buffer
- RAW for max quality
- *In most situations I like to shoot **CRAW** because of the increased buffer size and minimal image quality loss. Shooting in full **RAW** I recommend when buffer size doesn't matter and we are dealing with difficult subjects that may require brightening when editing.*

**Dual Pixel RAW** – Disable – Special mode allowing you to later make small changes in Canon's DPP software

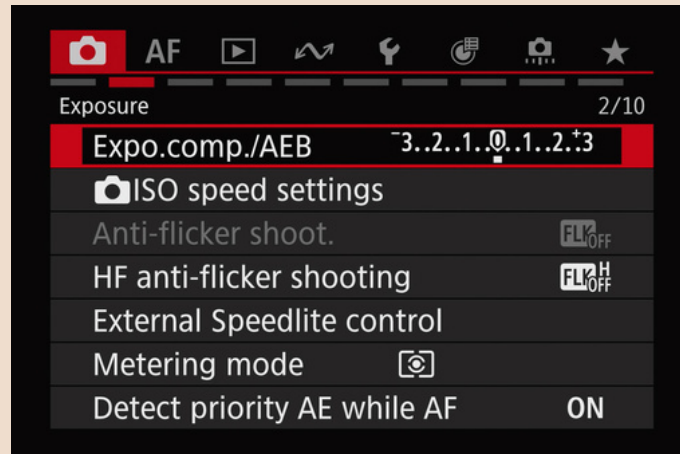
**Cropping/aspect ratio** – FULL

- Here you can select 1.6 crop mode if wanted

**Digital tele-conv** – Off – Works only in JPEG and simply crops into the image, it does not work like a real teleconverter and reduces resolution



R6 III | RF 600 L IS | F6.3 | ISO 1600 | 1/6400



**Expo. comp./AEB** – Adjust exposure compensation and auto exposure bracketing settings

- Expo.comp for M (auto ISO), TV, AV, FV – Best to use dial on camera to adjust

**ISO speed settings** – Set ISO range for manual ISO, Auto ISO & set min. shutter speed

**Anti-flicker shoot.** – **OFF** – Prevents exposure inconsistencies under flickering light (e.g., fluorescent)

**HF anti-flicker shooting** – **OFF** – Prevents high-frequency LED flickering

**External Speedlite control** – Flash settings for Canon Speedlites

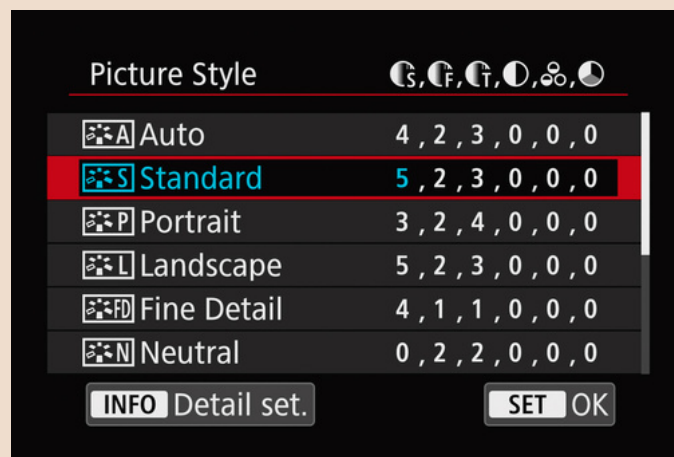
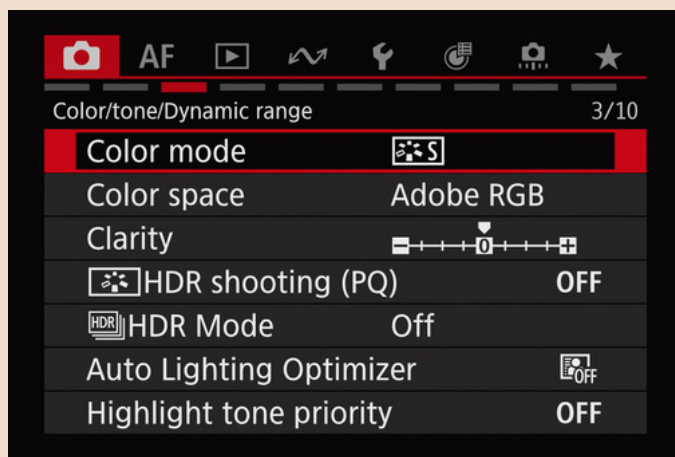
**Metering mode** – **Evaluative** – Select metering mode

- *I like to use evaluative metering*
- *If shooting full manual like I do most of the time, the metering mode is irrelevant, since we control all settings*

**Detect priority AE while AF** – **ON** – Gives priority to the active AF point for more accurate exposure on your subject







### Color Mode (Picture Style) – Select desired image look

- These settings affect the image look of JPEG/HEIF & the back of camera preview of RAW files
- *I only shoot RAW, so I like to choose the **Standard** picture profile that gives me a good preview of colours and sharpness*
  - Go to submenu and select 'Picture Style'
  - Press *INFO* to access the sub menu, where you can adjust the settings for each colour profile (press info again to access)
- *I change the sharpness of the Standard profile to 5. This let's me judge the sharpness of the RAW file when zooming in the best.*

**Color space – Adobe RGB or sRGB** – I use Adobe RGB, this can be adjusted later when shooting in RAW

**Clarity – 0 – default** – I don't add or remove clarity

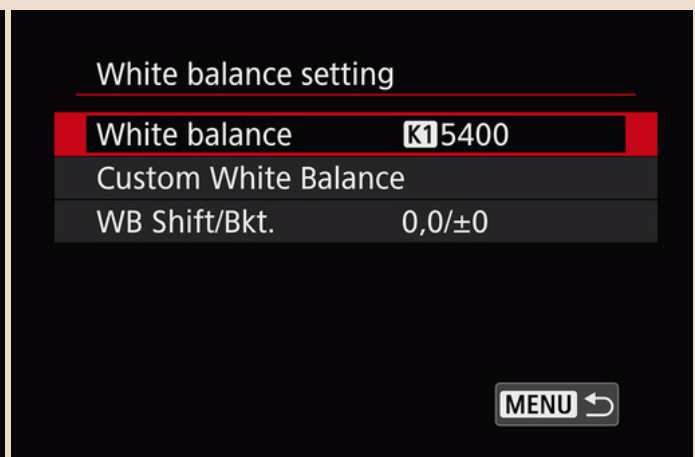
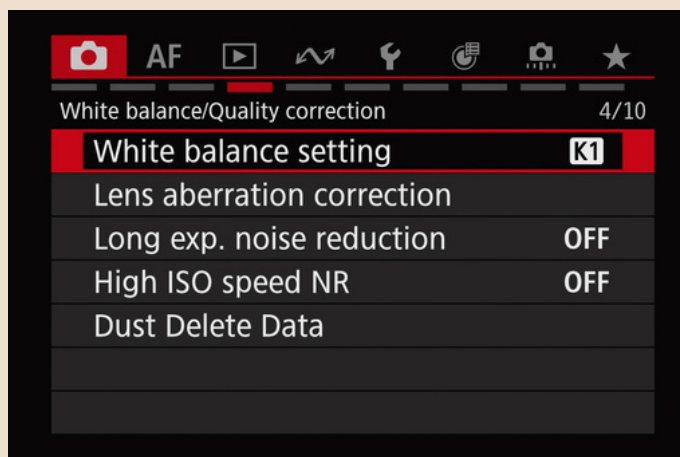
**HDR shooting (PQ)** – HDR mode with PQ gamma

- Enable to shoot in HDR
- Works with RAW & Video

**Auto Lighting Optimizer – OFF** – JPEG only – Automatic brightness or shadow adjustments

**Highlight tone priority – OFF** – More detail in highlights, but more noise in dark areas - Great in dealing with high contrast, bright areas

- Works on RAWs
- *I usually leave it off, but it can help when dealing with bright highlights*
- D2+ is recommended
  - Will only work with certain software like DPP or Adobe



### White balance – Select different WB options

- I set WB manually to K 5400 and adjust from 5200 (cooler) to 5600 (warmer)
- This gives more balanced RAW files – AWB etc. can get too cold/warm
- When shooting RAW, WB can be adjusted during the editing process
  - Custom WB – Custom white balance based on reference image
  - WB Shift/Bkt. – Adjust tint of the WB

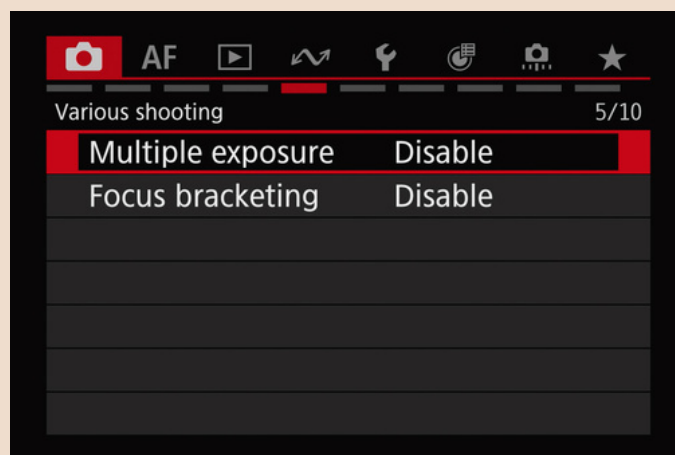
**Lens aberration correction** – Enable/disable corrections for distortion, chromatic aberration, etc. – I usually leave these **OFF**

**Long exp. noise reduction** – **OFF** – Applies additional processing to reduce noise in long exposure images, particularly in dark areas

**High ISO speed NR** – **OFF** – JPEG only – Reduces image noise when shooting at high ISO settings, at the potential cost of some fine detail

**Above NR & corrections can slow down the camera**

## 5/10: Various shooting

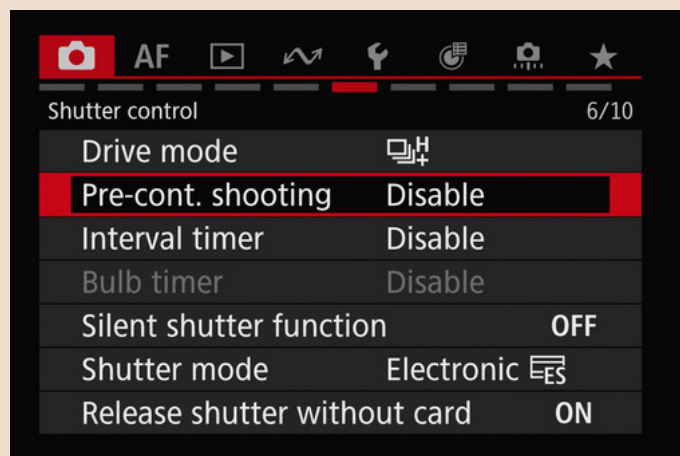


**Multiple exposure** – Combine multiple shots into one image (Result Jpeg only)

**Focus bracketing** – Capture multiple images with different focus points for stacking



## 6/10: Shutter control



**Drive mode** – Sets the camera's shooting speed (single, continuous, timer, etc.)

- H+ is 40fps with the Electronic Shutter, H is 20, Low is 5
  - Typically I use 40fps for action

**Pre-cont. shooting – Enable**

- Captures 0.5 sec of images when half-pressing shutter button
- Ideal for action like a bird taking off, so you don't miss the moment
- **Activating this option will grey out many menu items!**

**Interval timer – Disable** – Set automated shooting at set intervals for time lapse

**Bulb timer – Disable** – Controls long exposures without holding down the shutter manually

**Silent Shutter function – OFF** – Disables all camera sounds, even shutter shutting - We can adjust shooting sounds elsewhere in the yellow menu

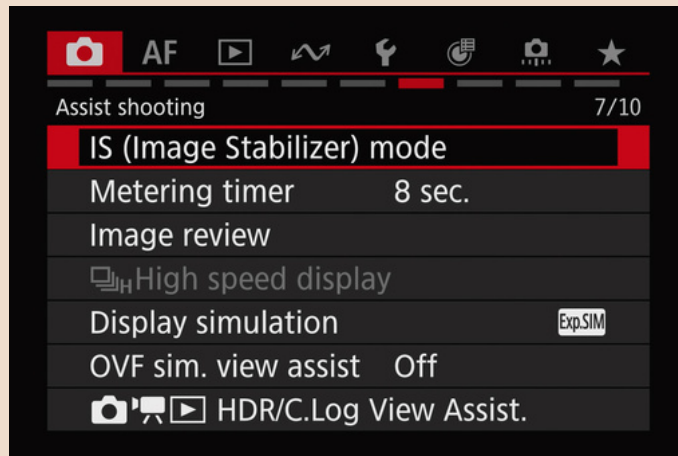
**Shutter mode** – Mechanical, Electronic 1st-curtain - Electronic Shutter

- I usually use and recommend the Electronic Shutter (ES)
- When rolling shutter may be an issue, try the other two modes, but they're much slower (12fps max)
- It defaults to ES when pre-cont. shooting is enabled

**Release shutter without card – OFF**



## 7/10: Assist shooting



**IS Mode** – Set on lens

**Metering timer (8 sec.)** – Sets how long the camera meters before resetting

**Image review** – Select time and place for automatic image review

- *I turn both options OFF. You can review images by pressing the play button on the back of the camera when needed.*

**High speed display** – For smoother display – Greyed out if Pre-cont. Shooting is ON or ES is selected

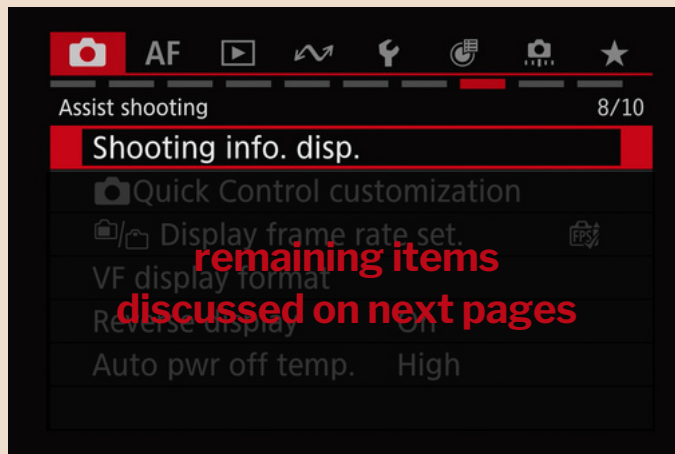
**Display simulation** – **Exp. Sim** - Adjusts the EVF/LCD to match exposure settings

**OVF sim. view assist** – **OFF** – Mimics optical viewfinder (No exp. preview)

**HDR/C.Log View Assist** – Helps preview HDR or C-Log footage with adjusted contrast



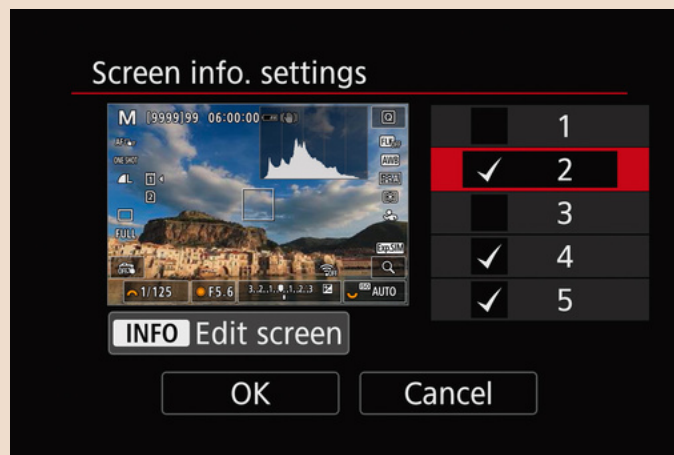
R6 III | RF 600 L IS | F6.3 | ISO 1600 | 1/6400



**Shooting info. disp.** – Choose what appears on LCD screen & EVF

- Press *INFO* on back of camera to toggle through display options

→ submenu: Screen info. settings



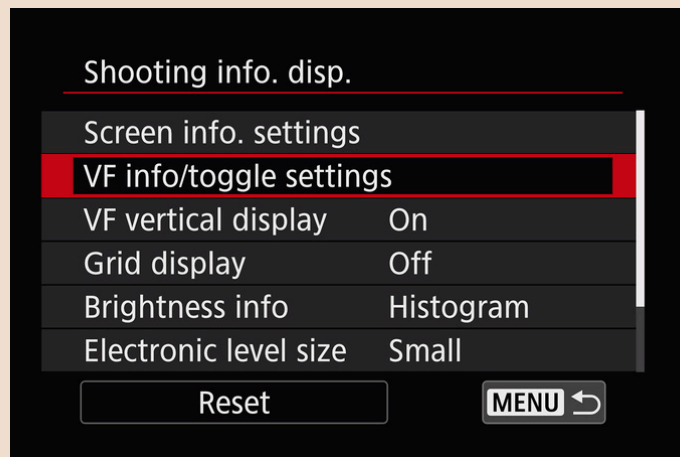
**Screen info. settings** – Tick/Untick wanted/unwanted options

- Press *INFO* to adjust which items are displayed in each option
- To keep it simple, you could untick most options and just add whatever you want to just one or two options

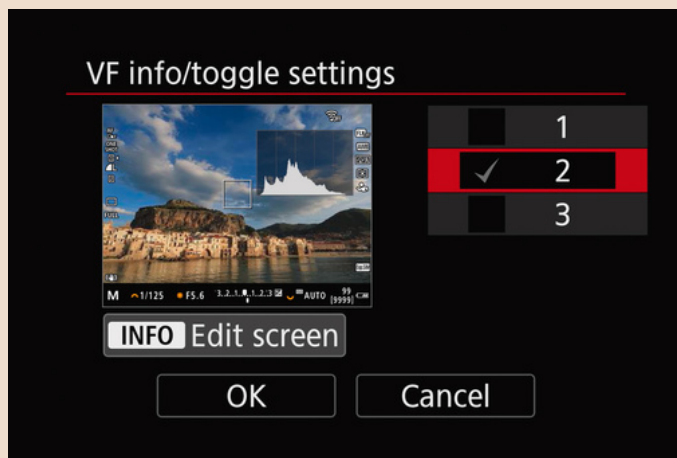




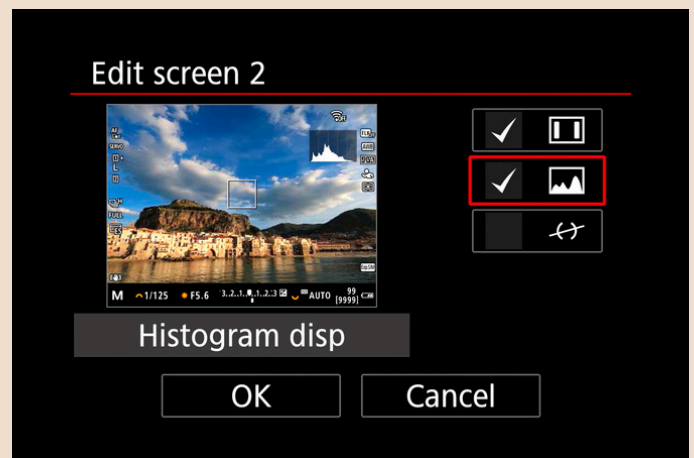
→ submenu: Shooting info. disp. Cont'd



→ submenu: VF info/toggle settings



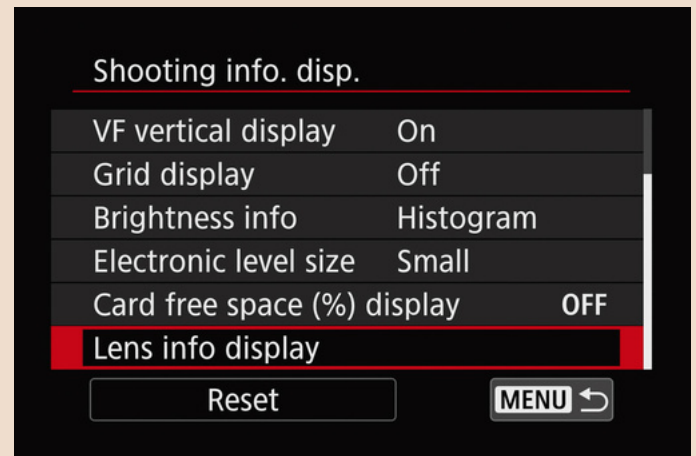
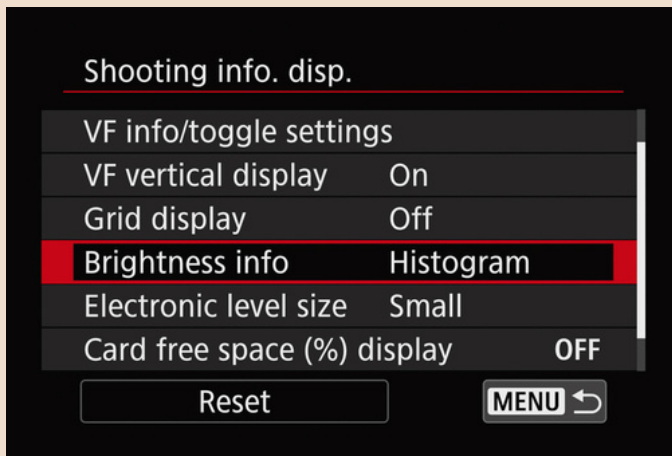
→ submenu: Edit screen 2



**VF info/toggle settings** – Set what will be displayed in the viewfinder

- Press *INFO* to select which items are displayed in each option
- Tick/Untick wanted/unwanted options
- I usually leave just 1-2 options ticked and add elements to each option (i.e. histogram), so there are not so many options to toggle through





**VF vertical display – ON** – Auto-rotate VF info for vertical shots

**Grid display – OFF** – Choose Grid overlay to help with composition

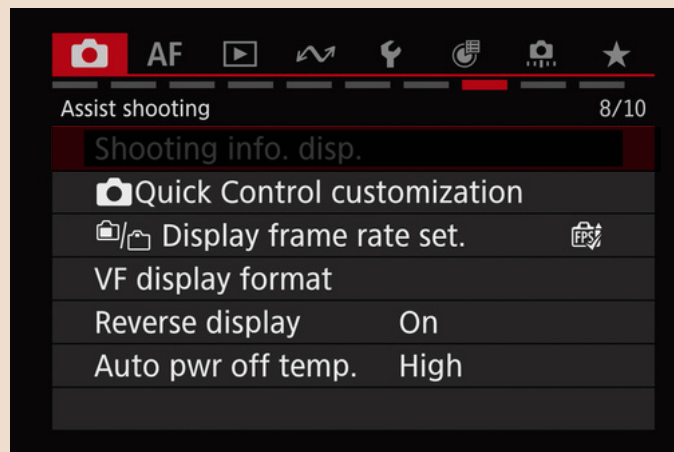
**Brightness Info – Histogram – Set to Small** – Shows histogram in EVF

**Electronic level size – Small** – Compact level display in Live View

**Card free space (%) – OFF** – Shows memory card space as percentage

**Lens info display** – Shows lens details in EVF (i.e. focal length, distance)

## 8/10: Assist shooting Cont'd.



**Quick Ctrl customization** – Choose layout/items for the Quick Control screen

**Display frame rate set. – Smooth** – Increases refresh rate for smoother motion

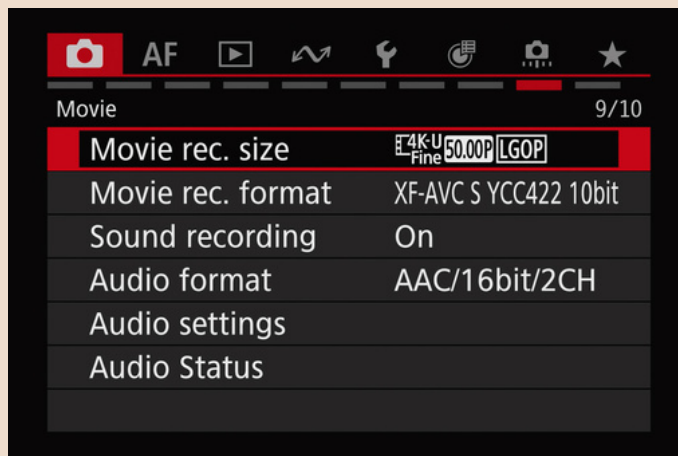
**VF display format** – (default) Changes aspect/layout of viewfinder info display

**Reverse display – On** – Flips screen info based on camera orientation

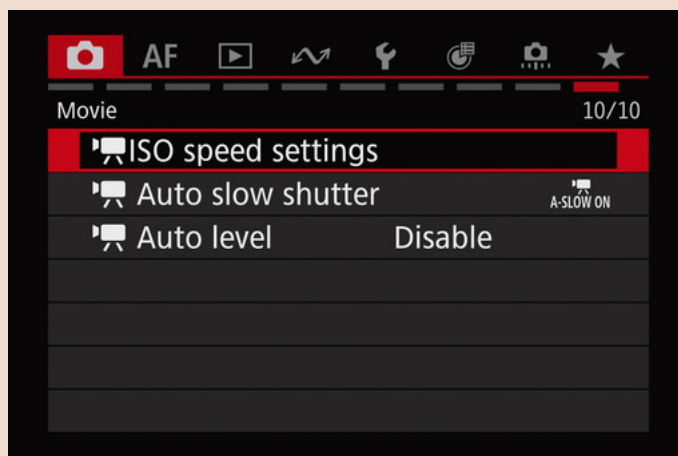
**Auto pwr off temp. – High** – Delays shutdown from heat

- **Important when using pre-shooting and video to delay early shut off & overheating**

## 9/10: Movie



## 10/10: Movie



This menu determines what happens when you press the video record button in photo mode. Unlike many other Canon bodies, the R6 III does not record in the settings saved in C-Fn3. It defaults to an auto mode, so I usually just leave the defaults here and not use this function. I rather choose my own video settings and switch to video mode.

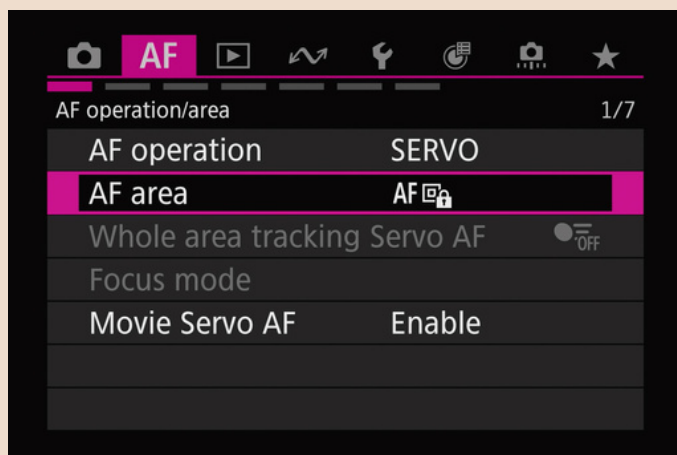




# PINK PHOTO MENU

**This menu handles everything related to *focusing*.** It's where you set how the camera detects and follows your subject.

**We will make important changes here and finish setting up the AF in the green custom button menu.**



### AF Operation: SERVO – Continuous focus for moving subjects

- I always shoot in servo and just let the back button go if I want to focus on a specific point and have focus stay there

### AF Area – Choose AF points or zones best suited to the shooting situation

- I deactivated the AF areas I am not using (Limit AF Areas). This allows cycling through the remaining ones more quickly.

**Whole Area Tracking Servo AF – Greyed out** – Enables full-area tracking in modes like Spot AF

**Focus Mode – Greyed out** – MF/AF – Set on lens

**Movie Servo AF – Enable** – Only takes effect when recording in photo mode

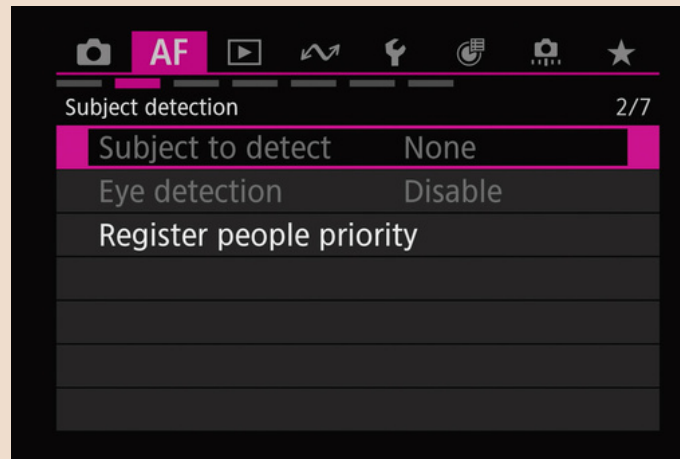
**On the R6III, I like to use triple back button autofocus. We will set this up across a few different menus.**

- My base autofocus is **Spot with no tracking** (small lock icon). It allows us to move the focus point wherever we want and focus without any tracking interfering. This is the ideal base AF mode, offering full control and making pre-focusing easy.
- We will also set up **Animal Eye tracking AF**. It will be assigned to the AF-ON button in the **green menu**, not here.

**When selecting Spot AF without tracking, many options like “Subject to detect” will be greyed out – that’s normal.** We will set those up in other menus later and those later settings will overwrite the settings here.

- You can unlock & adjust the greyed-out items by choosing an AF mode (without lock), but it’s not necessary

## 2/7: Subject detection



Greyed-out,  
because Spot with  
no tracking is active  
(see above)

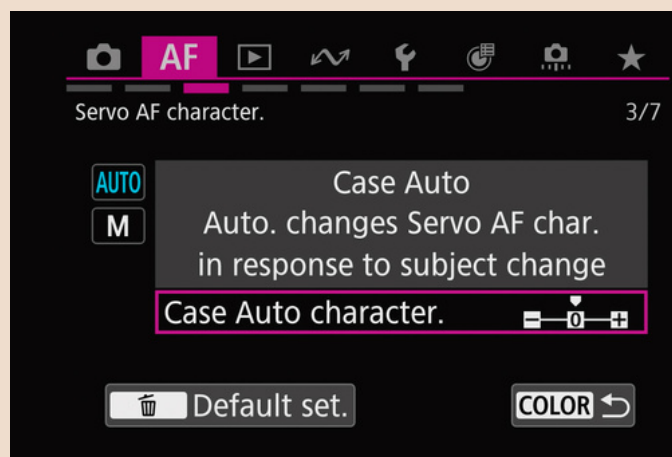
**Subject to detect** – Select subjects to detect

**Eye detection** – Turn on/off eye detection

- *No need to select subject or eye detection here in our case, it will be set up later*

**Register people priority** – *For people only* – Register a face the camera will give priority to, if detected within a scene when subject tracking is on

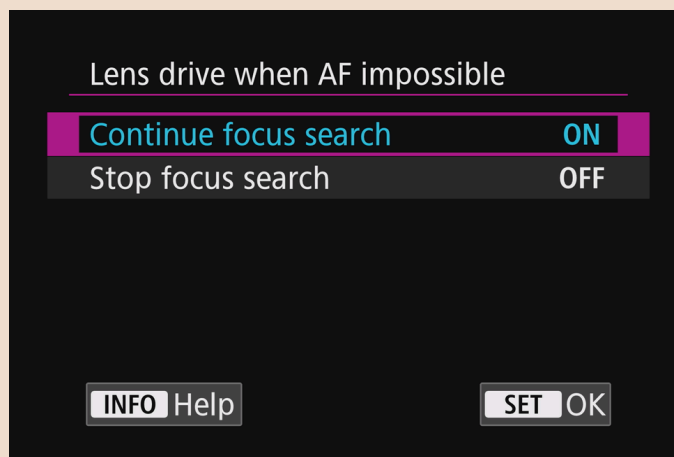
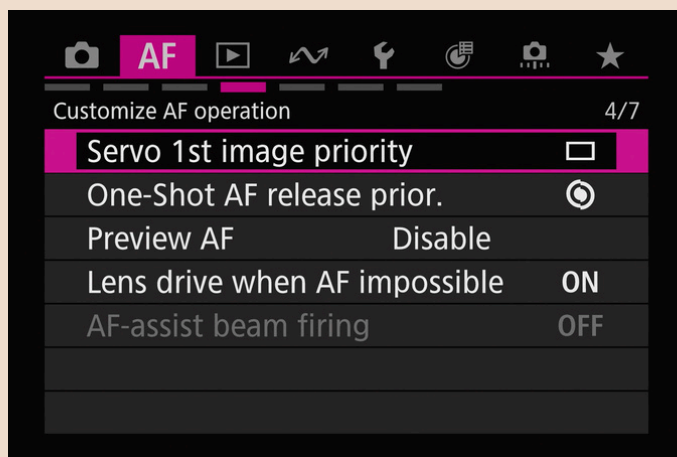
## 3/7: Servo AF character. →



**Servo AF character** – Select tracking behaviour

- Press Color/Rate to access sub-settings
- *On the R6III I had the best success with the AF case set to **AUTO 0**.*
- *Adjust to more aggressive/ locked on if AF does not behave as desired.*





**Servo 1st Image Priority – Release Priority** – I prefer the camera to fire whenever I press the shutter, focus priority may cause a strange delay

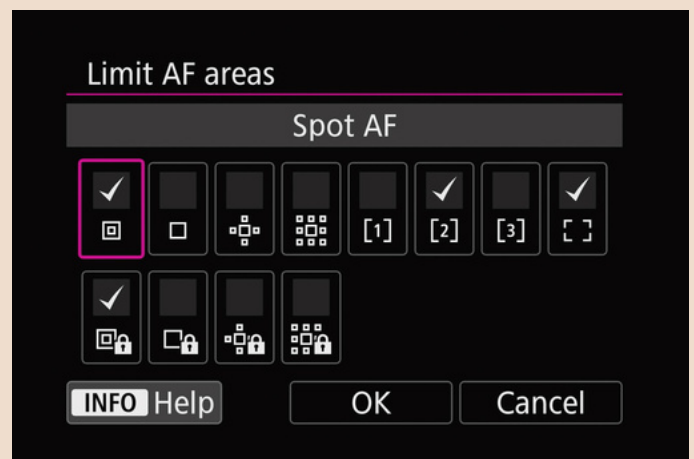
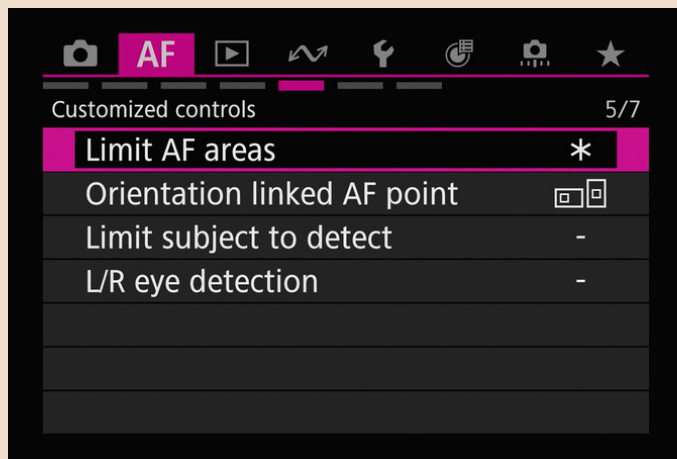
**One-Shot AF Release Prior.** – Set shutter to fire immediately or wait for focus lock

**Preview AF – Disable** – Camera continuously attempts to focus, even when the focus button is not pressed (not recommended for photos)

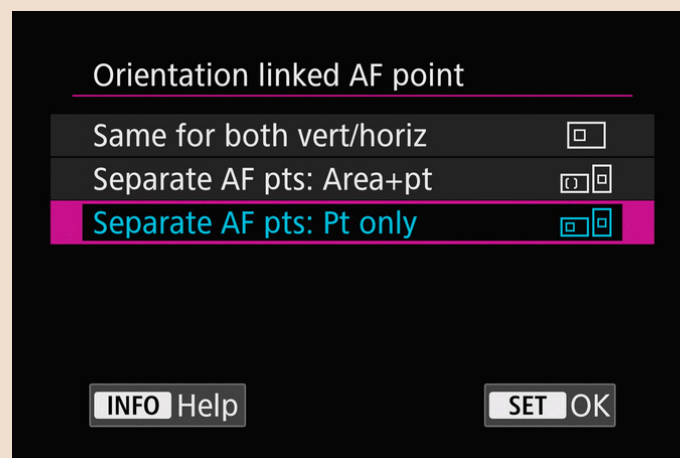
**Lens Drive When AF Impossible – ON** – Determines if the camera keeps searching for focus across the range or stops searching when focus is lost

- **Continue focus search (ON)** – Lens keeps hunting if focus fails
- **Stop focus search (OFF)** – Lens stops searching when focus is lost
- *In theory, OFF would be the better choice, because it will stop the camera from jumping on to the background, but the problem is that you cannot easily focus into the distance or close up anymore. If a bird suddenly lands close to you and you have focused into the distance or the other way around, the camera won't focus unless you manually bring focus closer to the subject first.*
- *That's why I leave it ON, even though it lets the AF sometimes slip onto the BG. However, I feel like I miss too many shots when I can't quickly focus between different distances.*

**AF-Assist Beam Firing: Greyed out – OFF** – Stops infrared flashes being fired to assist focus



## → submenu: Orientation linked AF point



**Limit AF areas** – Select which AF modes appear when cycling

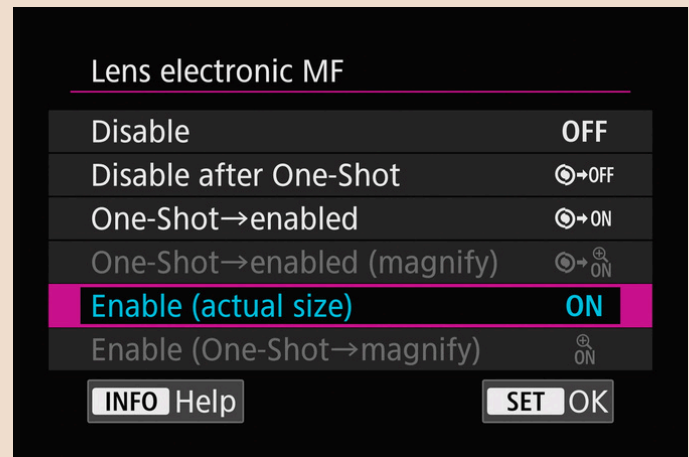
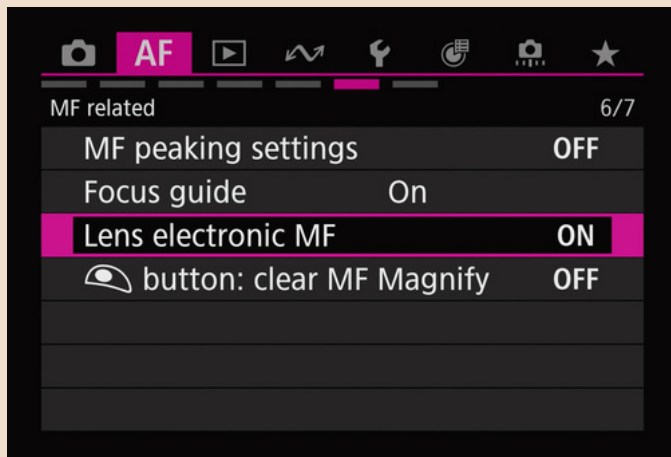
- I like to limit them only to the AF areas I am using, so I can cycle between them faster (Spot with tracking, Spot without tracking, Whole Area, Flexible Zone 1)

**Orientation linked AF point** – Select AF point/zone behaviour when changing orientation

- I use Separate AF pts: PT Only
- Assigns separate AF points for horizontal and vertical shooting. This helps to quickly switch between vertical and horizontal shooting and maintains the selected AF point for each orientation.

**Limit subject to detect** – Restrict AF to specific subjects (e.g., people, animals)

**L/R eye detection** – Prioritize left or right eye during Eye AF; useful for controlled portrait focus



**MF peaking – OFF** – Highlights in focus areas

- Turn on for precise manual focus

**Focus guide – ON** – Visual focus aid: Shows direction and confirmation of focus when enabled in MF mode

**Lens electronic MF – ON** – Enable (actual size) – Allows manual focus tweaks while in AF: Great for fine-tuning focus

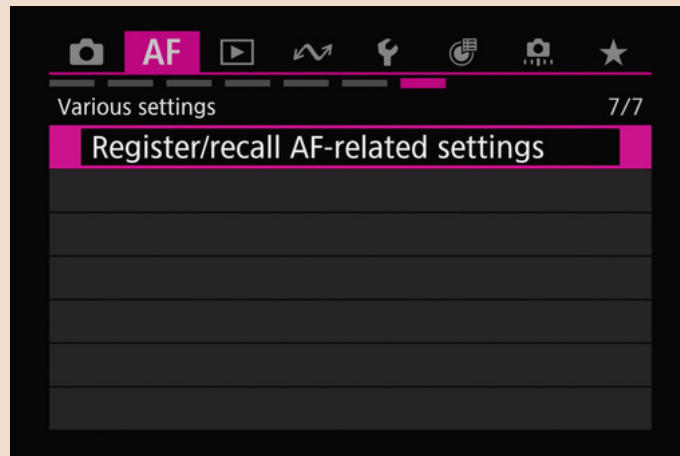
**Shutter button: clear MF Magnify – OFF** – Select what happens when half-pressing shutter button when manually zoomed in

- Clear zoomed status or keep it





## 7/7: Various settings



**Register/recall AF settings** – Save and/or load custom AF setups for different shooting needs



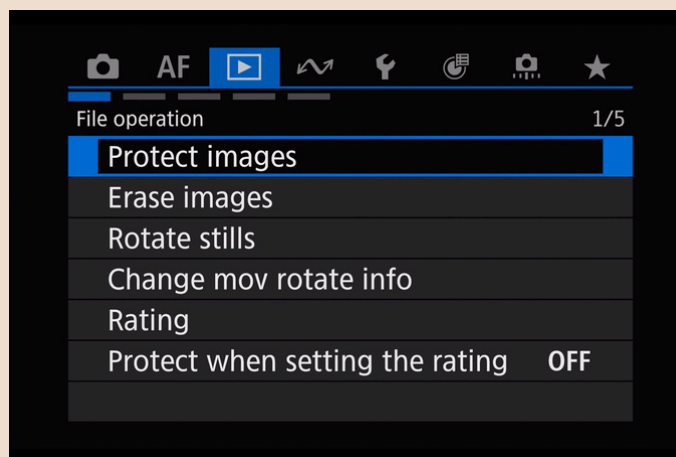
R6 III | RF 600 L IS | F4.5 | ISO 6400 | 1/4000

# BLUE PHOTO MENU

**This menu manages *playback settings*** like image review time, playback options, and how photos or videos are shown on the screen. It's all about how you view and manage your captured content.

**We don't make many changes here.**

## 1/5: File operation All left as default



**Protect images** – Prevent selected files from being accidentally erased

**Erase images** – Delete chosen photos or videos from the memory card

**Rotate stills** – Manually rotate images for correct orientation in playback

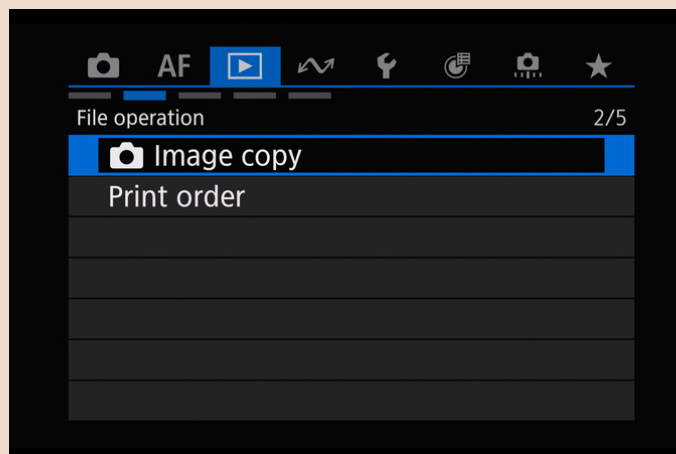
**Change mov rotate info** – Adjust playback rotation metadata for movies

**Rating** – Tag images with star ratings for easy sorting or culling

**Protect when setting the rating** – Rate and protect at the same time

## 2/5: File operation

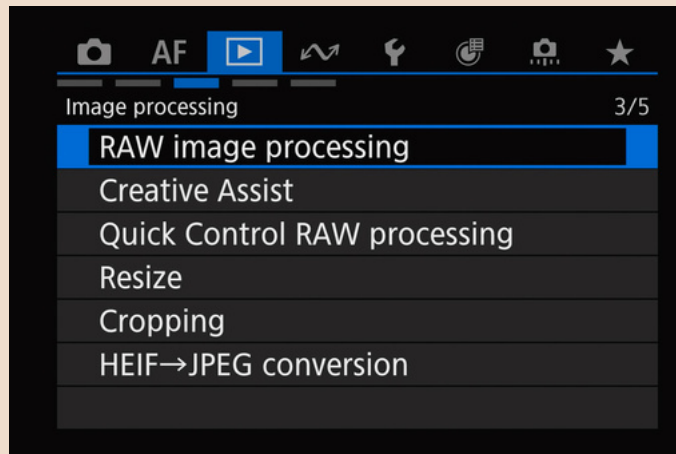
All left as default



**Image copy** – Copy photos/videos from one card slot to another

**Print order** – Select images and settings for direct printing





**RAW image processing** – Convert RAWs to JPEG or HEIF

**Creative Assist** – Apply filters to your images

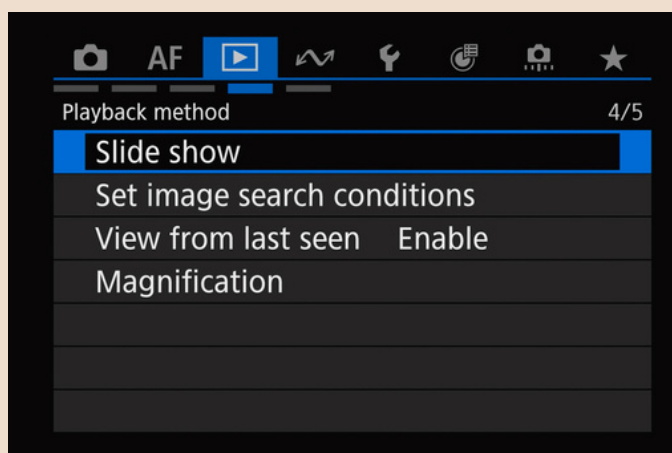
**Quick Control RAW processing** – Creative Assist/ RAW processing

**Resize** – Create smaller copies of JPEG/HEIF images

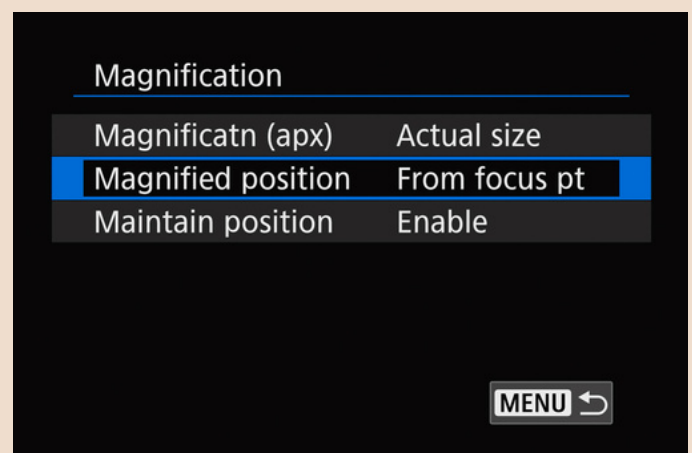
**Cropping** – Trim image composition and save a new file from the cropped area

**HEIF→JPEG conversion** – Convert HEIF images into JPEG

#### 4/5: Playback method →



#### → 4/5 submenu: Magnification



**Slide show** – Auto-plays images with custom intervals/effects

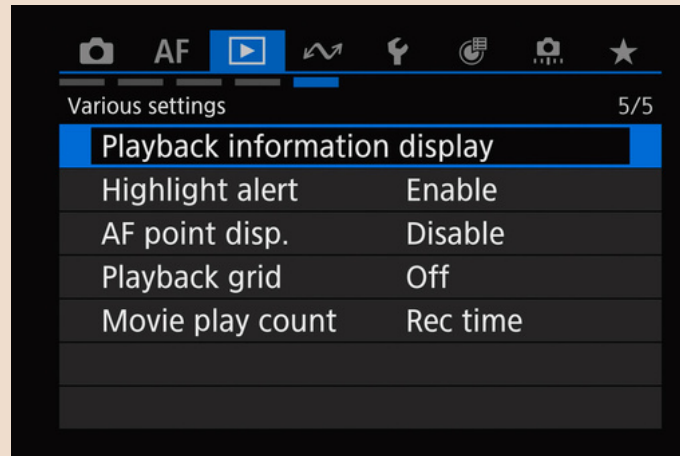
**Set image search conditions** – Filter images by rating, date, etc.

**View from last seen: Enable** – Resume playback from last viewed image

- Helpful when scrolling through large amounts of images, so the camera doesn't always restart from last image taken if you leave the menu

**Magnification – Set zoom level for playback**

- Set to **Actual size** ( Zoom to 100% when pressing magnifying button)
- Set to **From focus pt** (Zooms in to focus point, rather than center)
- Enable **maintain position** (Helps when zooming though a burst of photos)



**Playback information display** – Choose what info is shown during image review (e.g., histogram, shooting data)

**Highlight alert** – **Enable** – **Very helpful** – Blinks overexposed highlights to warn of clipping

**AF point disp.** – **Disable** – Shows AF point overlay in review images

**Playback grid** – **Off** – Turns off compositional grid overlay during playback

**Movie play count** – **Rec time** – Shows recording time instead of time code during video playback



R6 III | RF 600 L IS | F5.6 | ISO 3200 | 1/4000

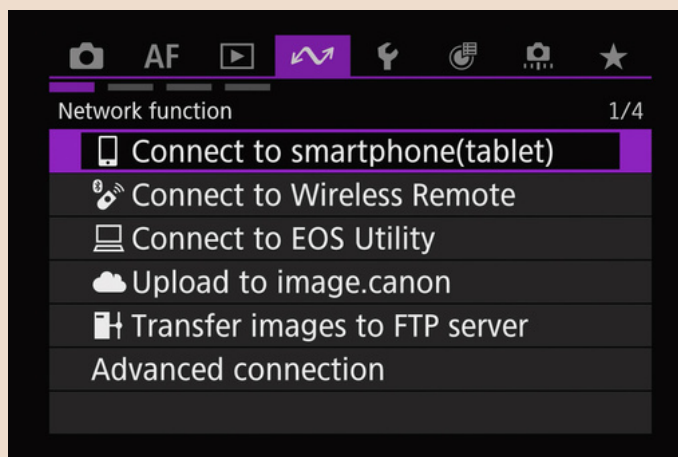
# PURPLE PHOTO MENU

**This menu covers *communication settings*** – including Wi-Fi, Bluetooth, and other connectivity options. It's where you set up how your camera connects to smartphones, computers, or cloud services.

**I don't make any changes here, except that I like to connect my phone to use the Canon Camera Connect app for remote shooting.**



## 1/4: Network settings All left as default



**Connect to smartphone (tablet)** – Use this option to connect your camera to your phone or tablet to control remotely

**Connect to Wireless Remote** – Enable wireless shutter release via compatible remotes

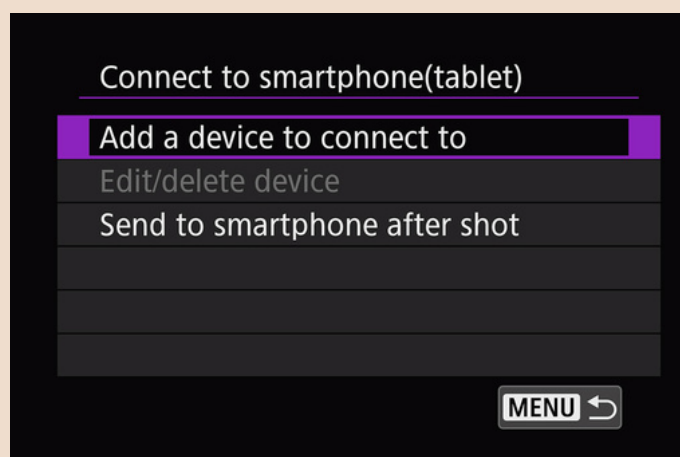
**Connect to EOS Utility** – Link the camera to a computer for remote shooting or file transfer

**Upload to image.canon** – Automatically transfer images to Canon's cloud service

**Transfer images to FTP server** – Send photos directly to a designated FTP server

**Advanced Connection** – Connect to devices

### → submenu: Connect to +

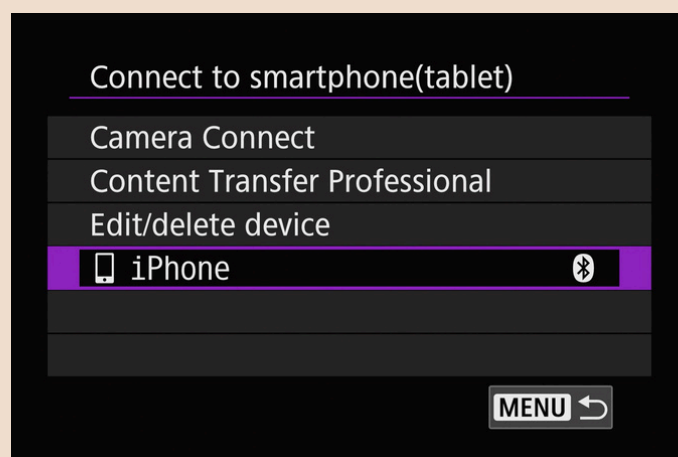


**Add a device to connect to** – Pair a new smartphone or tablet for wireless functions. Follow steps on the app to finalize connection.

**Edit/Delete device**

**Send to smartphone after shot** – Auto-transfer images to phone right after capture

### → submenu: Camera Connect



**Camera Connect** – Connect to Camera Connect app to transfer images and remotely control the camera with your phone or tablet

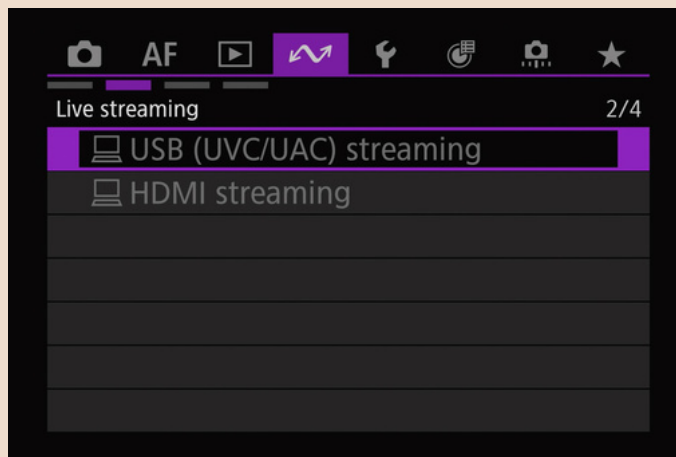
**Content Transfer Professional** – Sync images to Canon's enterprise mobile app

**Edit/delete device** – Manage previously paired devices

**iPhone (Bluetooth icon)** – Indicates an active Bluetooth connection

## 2/4: Live streaming

All left as default

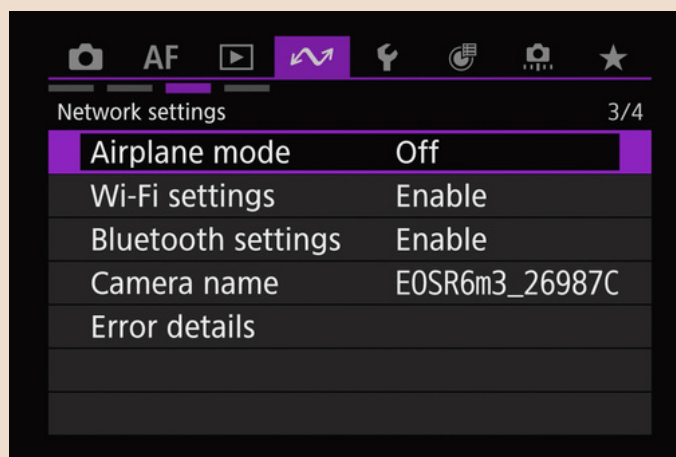


**USB (UVC/UAC streaming** – Streams video and audio directly over USB to a computer or smartphone, no capture card needed

**HDMI Streaming** – Sends a clean video signal over HDMI for external recorders or streaming devices

## 3/4: Network settings

All left as default



### Airplane mode – Off

- I turn it ON when I am not connecting my phone. Leaving Wi-Fi on may slow down certain functions.

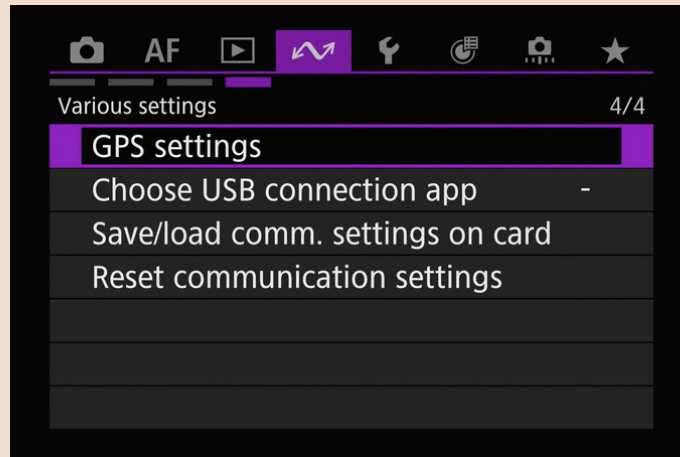
**Wi-Fi settings – Enable** – Activates wireless communication

**Bluetooth settings – Enable** – Turns on Bluetooth for pairing with smart devices or remote controls

**Camera name** – Identifier shown when connecting via Wi-Fi/Bluetooth

**Error details** – View logs if a network connection fails

## 4/4: Various settings All left as default



**GPS settings** – Configure GPS features when using compatible GPS accessories or smartphone link

**Choose USB connection app** – Selects which app to use when connecting via USB

**Save/load comm. settings on card** – Backup or restore communication settings to/from memory card

**Reset communication settings** – Reverts all wireless/USB communication settings to default



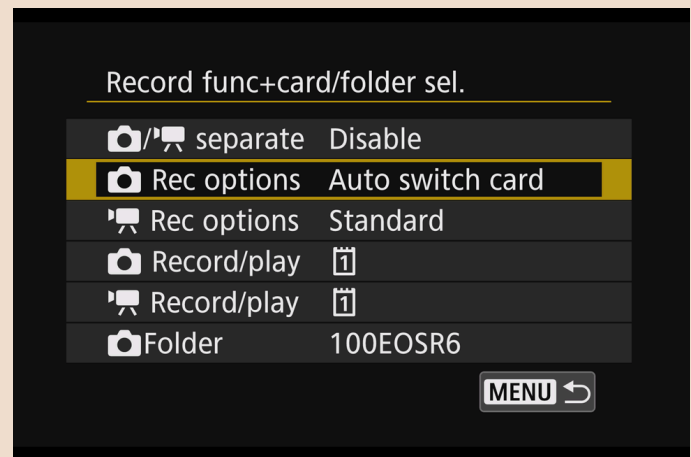
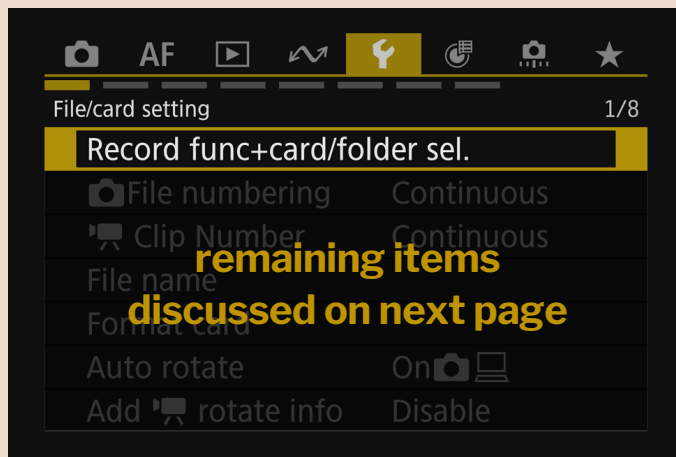
R6 III | RF 600 L IS | 1.4X TC | F7.1 | ISO 3200 | 1/800



# YELLOW PHOTO MENU

**This menu handles *setup and system settings*** – such as video standard, card settings, screen brightness, and shutter sound. It's where you configure the general operation of your camera.

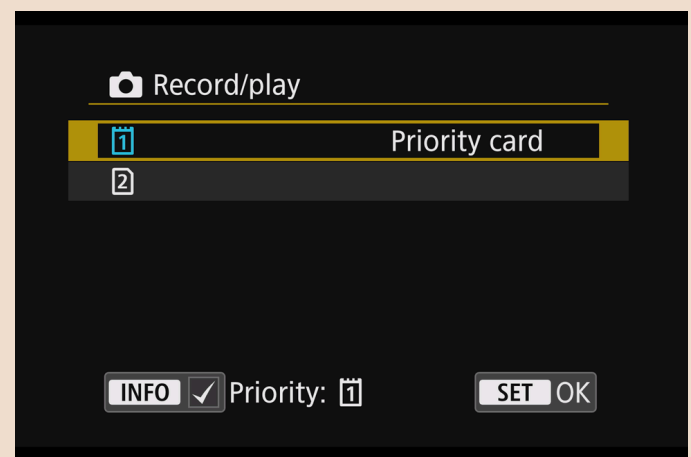
**We will make minor changes here.**



## → submenu: Rec options photo



## → submenu: Record/play photo



**Record func+card/folder sel.** – Set which card & folder to record to

- You can either write to one card first and then the other or write to both cards simultaneously (instant back-up). You can also choose to write videos to one card and stills to the other.
- *I usually write to one card and use the second as overflow (Auto switch card). Writing to both cards is difficult on the R6 III, because the slower SD card will bottleneck the faster CFExpress card and slow you down*

### Rec. func+card/ folder sel. submenu

**Still/Video separate – Disable** – Write photos & videos to the same card

**Still Rec options – Auto switch card** – Automatically switches to the second card when the first fills up

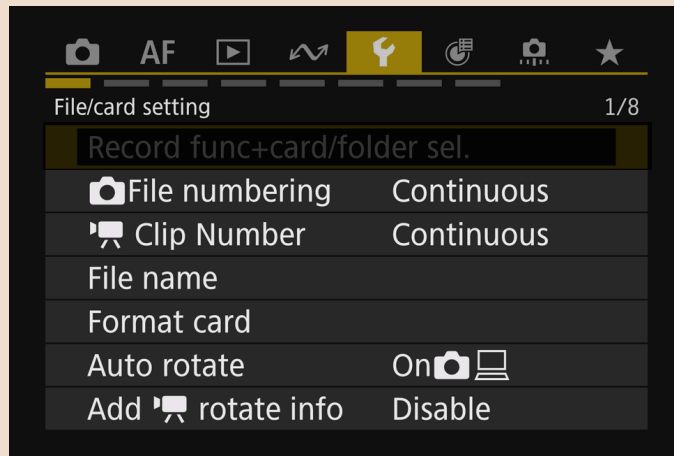
**Video Rec options – Standard** – Auto switch may not be available since SD card cannot record all video file types

**Still Record/play – Card 1** – Sets card 1 for still photo recording and playback

**Video Record/play – Card 1** – Sets card 1 for video recording and playback

Press *INFO* in the **Record/play submenu** to give priority to card 1 – it will be used first

## 1/8: File/card setting Cont'd.



**File numbering – Continuous** – Maintains sequential numbering across card changes

**Clip Number – Continuous** – Ensures movie clips continue sequentially without resetting

**File name** – Customize the 4-character prefix for image file names

**Format card** – Erases all data on the selected card: Prepares it for use

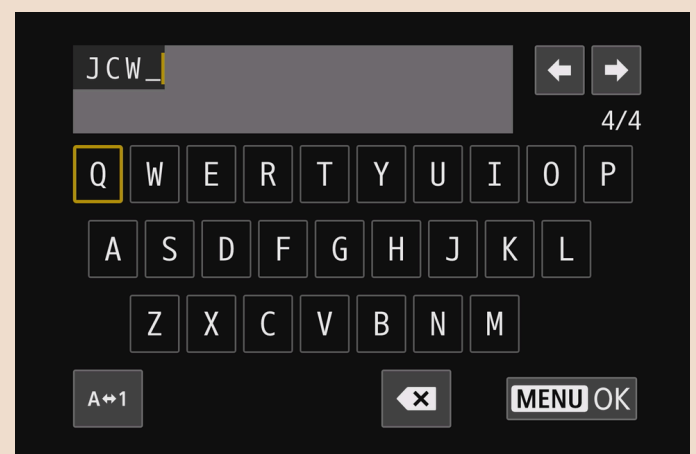
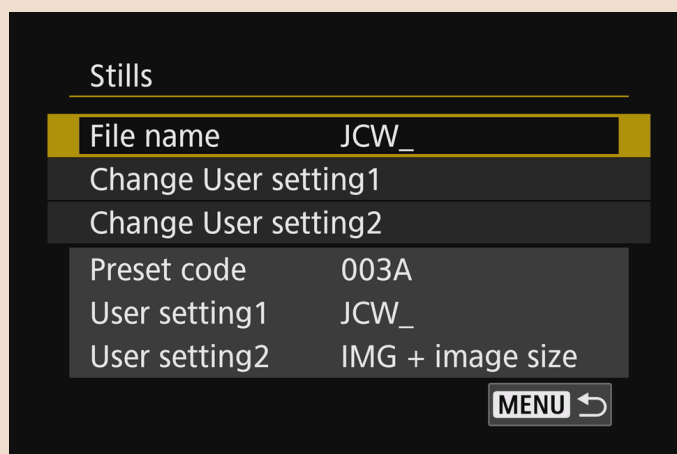
- To keep cards fresh, it's recommended to regularly tick “Low Level Format”
- Always format cards in camera before use

**Auto rotate – On (camera + computer)** – Images auto-rotate for display on both camera and computer

**Add rotate info – Disable** – No rotation metadata added to movie files

→ **submenu: File name** → **Stills**

→ **submenu: File name**

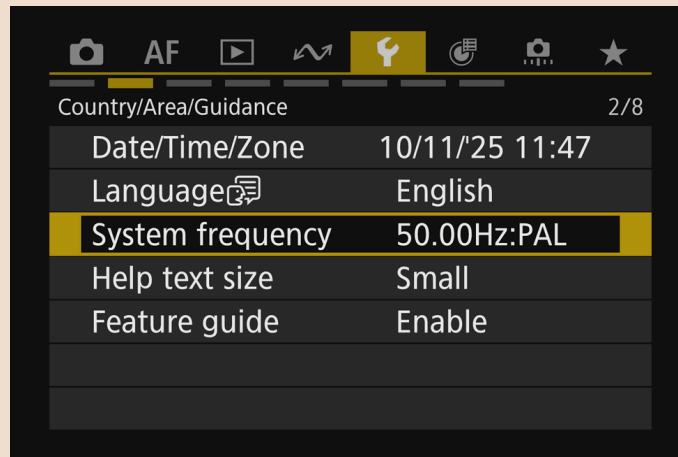


**Change User Setting** – Adjust to rename files for stills

- If shooting AdobeRGB, the first letter will be replaced with an underscore



## 2/8: Country/Area/Guidance →



**Date/Time/Zone** – Set current date, time, and time zone

**Language** – Choose language for camera menus

**System frequency** – Match region's video standard (PAL for EU/Asia, NTSC for US)

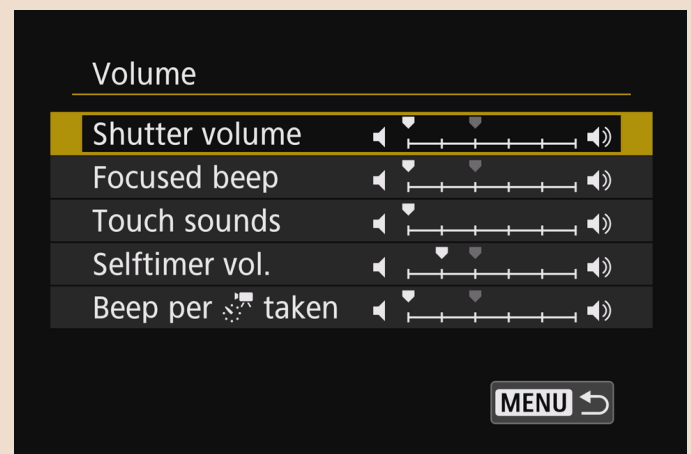
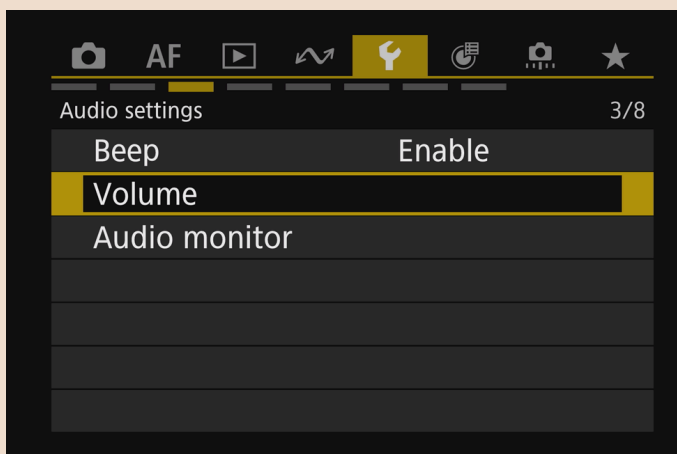
- **This affects the video frame rates available**
  - **(PAL: 25,50,100 fps) (NTSC: 24,30,60,120fps)**
- For wildlife NTSC or PAL doesn't matter as much, but for shooting inside choosing correctly PAL/NTSC can stop flickering in video files

**Help text size (Small)** – Adjust size of on-screen help text

**Feature Guide** – Brief explanations of individual menu items or settings

## 3/8: Audio settings

### → submenu: Volume



**Beep (Enable)** – This is where you **set up your camera sounds**

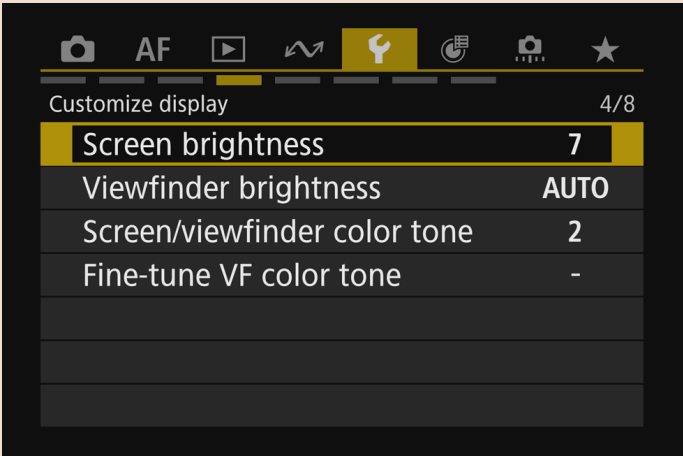
- **To be able to access the Volume menu, you have to enable 'Beep'**

**Volume** – Control volume for shutter sound, beep, etc.

- *I usually disable all sounds*

**Audio monitor** – Enable/disable real-time audio monitoring (headphone jack required)

## 4/8: Customize display



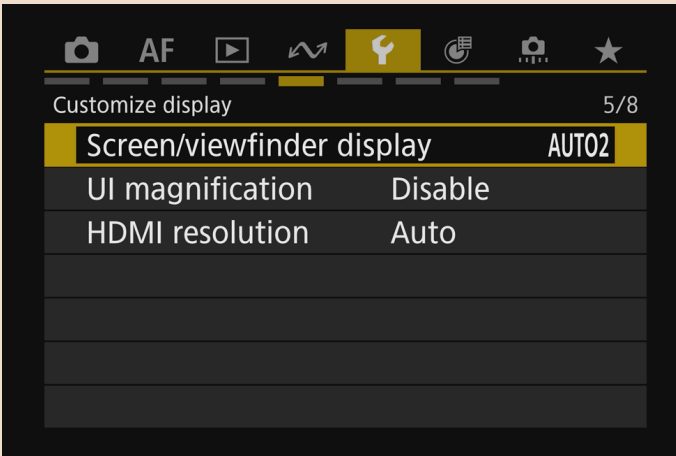
**Screen brightness** – Set to max to see on a bright day

**Viewfinder brightness** – Set EVF brightness: I leave it on auto most of the time

**Screen/viewfinder color tone** – **default** – Adjust color tone of LCD/EVF

**Fine-tune VF color tone** – **default** – Precise adjustment of viewfinder color

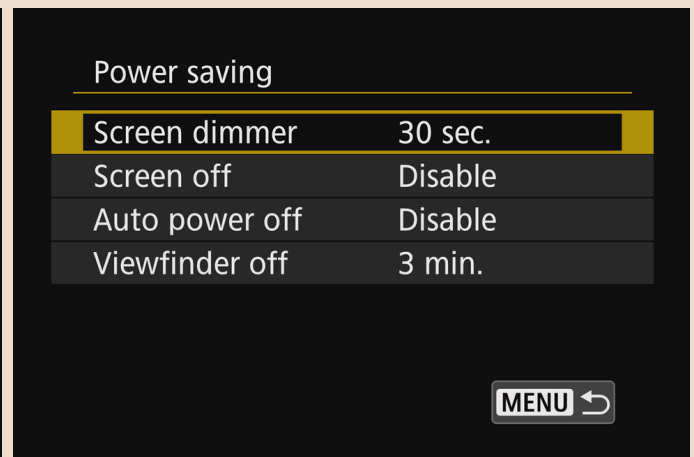
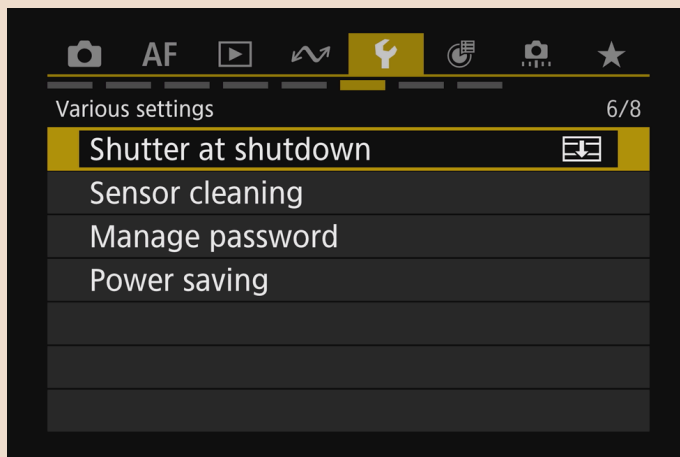
## 5/8: Customize Display→



**Screen/viewfinder display** – **Auto2** – Auto switches between EVF and screen

**UI magnification** – **Disable** – Enlarge interface text/icons for accessibility

**HDMI resolution** – Set output resolution for HDMI connection (Auto, 1080p, etc.)



**Shutter at shutdown** – Closes shutter when powering off – protects sensor

**Sensor cleaning** – Configure or manually start sensor cleaning

**Manage password** – Enable/Disable & adjust password

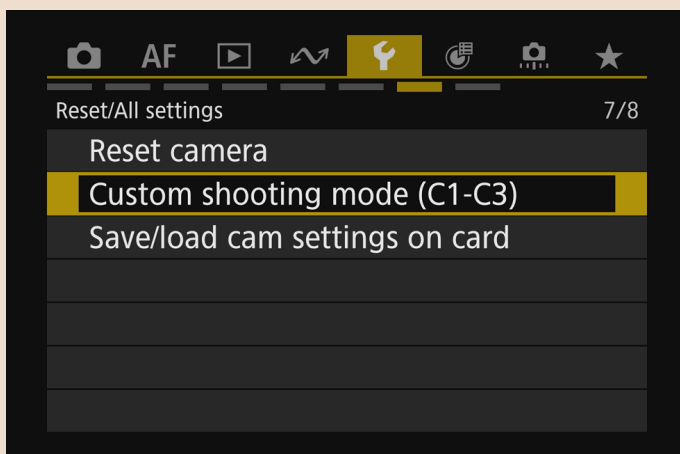
**Power saving** – Set when camera shuts off or goes to sleep

- *I usually leave the defaults to save battery, but it can make sense to extend the times of shooting from a hide for instance, so the camera doesn't turn off all the time*



R6 III | RF 600 L IS | 2X TC | F10 | ISO 800 | 1/1000

## 7/8: Custom shooting mode



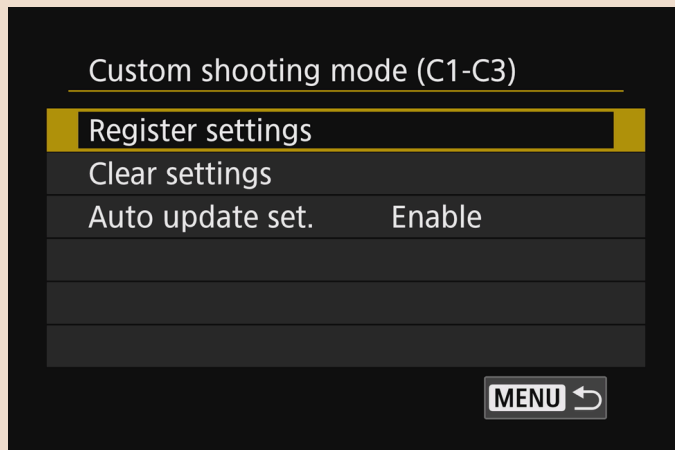
Because of the position of items on the R6 III's top mode dial, **I like to save my most important photo & video settings to photo & video Custom mode 3** and then always leave the camera on C3, allowing me to switch between photo and video with the photo/video switch, without also having to turn the mode dial to access different settings.

**Reset camera** – Restores all settings to factory defaults

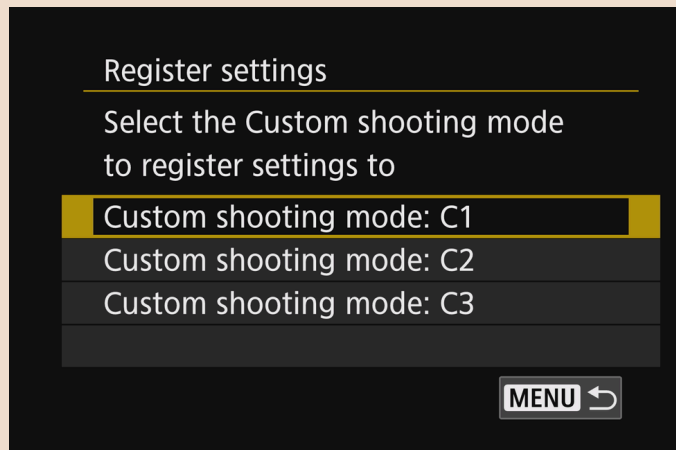
**Custom shooting mode (C1–C3)** – Here you can register custom shooting modes to recall when selecting C1,2,3 on the camera's mode dial

- *This can be very helpful when you want to quickly switch between different shooting modes and styles, i.e. you can set one mode for people and one mode for animals*
- *It's especially helpful in video to save different frame rates etc.*

→ **submenu: Custom shooting mode**



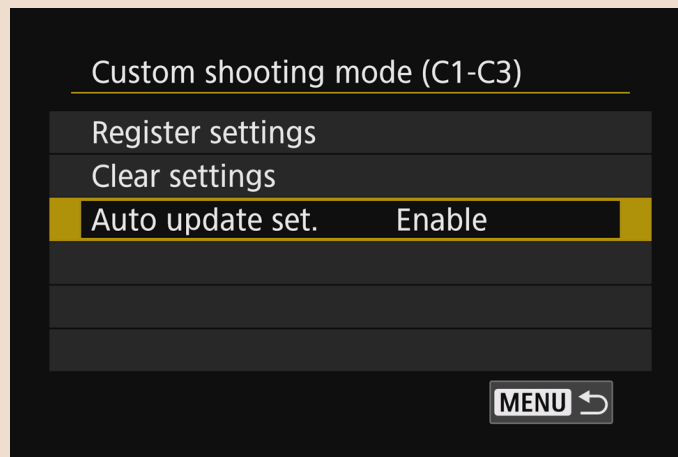
→ **submenu: Register settings**



**Register settings** – Save current camera setup as a custom mode

- *To register settings to a custom mode, select all settings you want to save as a custom shooting mode like; AF mode, custom buttons, ISO, shutter speed, shooting mode etc.*
- *Once you have it all dialed in go to: **Custom shooting mode > Register Settings** and then select C1,2 or 3. This will save all your settings to that custom shooting mode and can be recalled by setting the mode dial to that custom mode.*
- *Press MENU to get back*





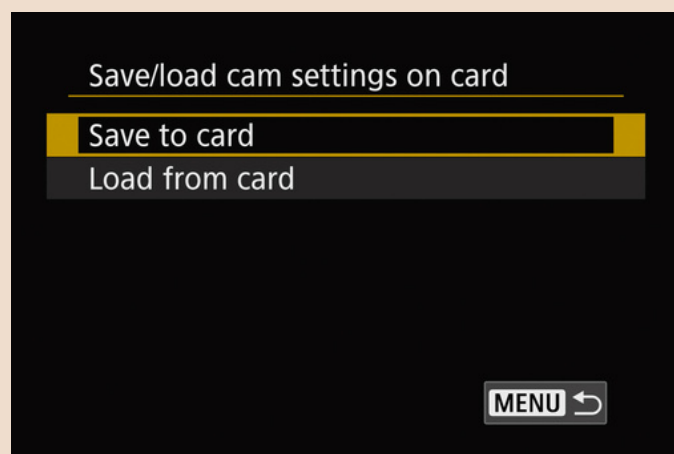
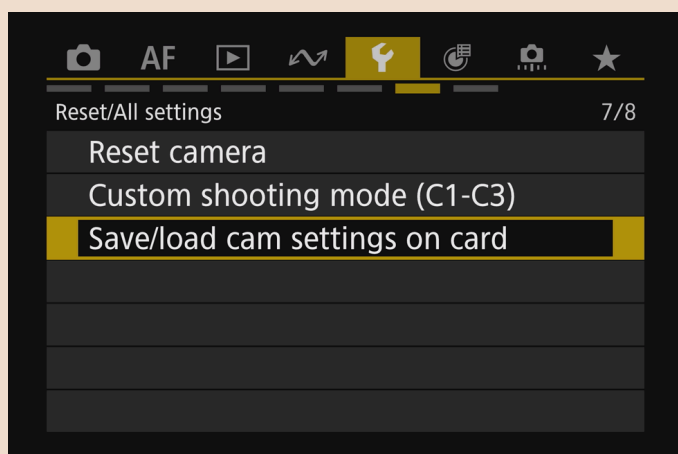
**Clear settings** – Reset saved custom mode to default

**Auto update set. (Enable/Disable) – Important**

- If enabled, any changes made while using a custom mode will be saved automatically to that custom mode
- This can be helpful if you use custom modes in changing environments
- If you prefer to always have the identical settings as your custom mode, disable it



R6 III | RF 600 L IS | 1.4X TC | F5.6 | ISO 12800 | 1/320



***This is the menu where you can install the camera set up file that comes with this guide.***

(Save/Load cam settings on card)

## WARNING!

Before installing the new camera set up file, go to *Save/load settings* and make a copy of your current settings first, so you can put them back onto your camera in case you do not like my settings!

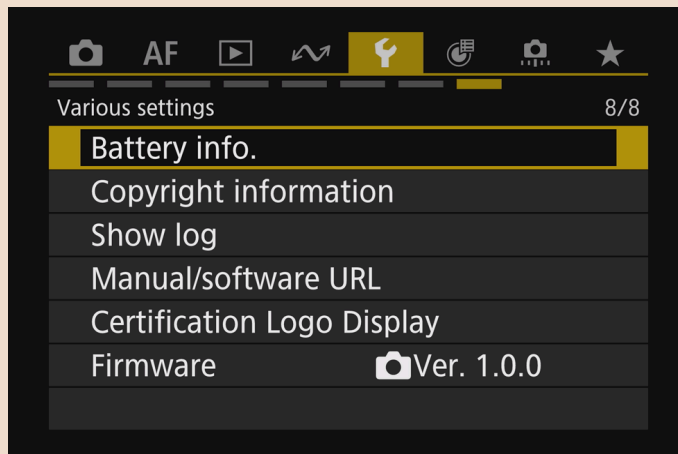
**Save to card** – Save current camera settings to a new camera settings file

- To save your current settings navigate to '**Save/Load cam settings on card**' and then select '**Save to card**'. This will create a **.CSD file** on your memory card you can save onto your computer as a back up.

**Load from card** – Load settings from a camera settings file

- **To install my camera set up file**, save the .CSD file onto an *empty memory card*
- *Make sure there are no other cards inside the camera*
- Then navigate to '**Save/Load cam settings on card**' and select '**Load from card**'
- That will install **most** of my settings onto your R6 Mark III
- In some cases not all settings are copied over and you can either try it again or manually check with this guide to make sure everything is set up correctly
  - Sometimes the custom modes and video settings may not be transferred properly or are turned off (*Custom picture* in Custom modes for instance). *Re-adjust them manually.*

## 8/8: Various settings All left as default



**Battery info.** – View charge level, shutter count, and recharge performance

**Copyright information** – Add photographer and copyright metadata

**Show log** – Shows password activity

**Manual/software URL** – Access Canon's support site

**Certification Logo Display** – Displays region-specific certification logos

**Firmware** – View or update camera firmware version



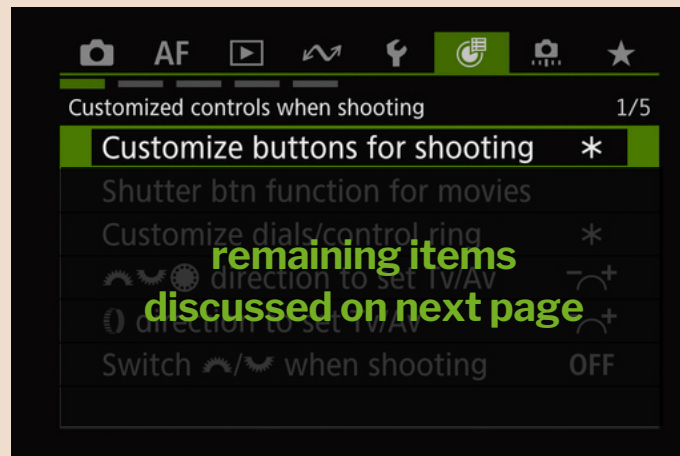
R6 III | RF 600 L IS | 2X TC | F8 | ISO 3200 | 1/400

# GREEN PHOTO MENU

**This menu is for *customizing controls*** – like button functions, control dials and eye-controlled AF. It's where you tailor the camera to fit your personal shooting style.

The green menu is new in the R1, R5 Mark II & R6 Mark III. Many items that have previously been placed in the orange menu are now in the green menu. **This menu is very important. Here we will finish setting up our autofocus and custom buttons.**





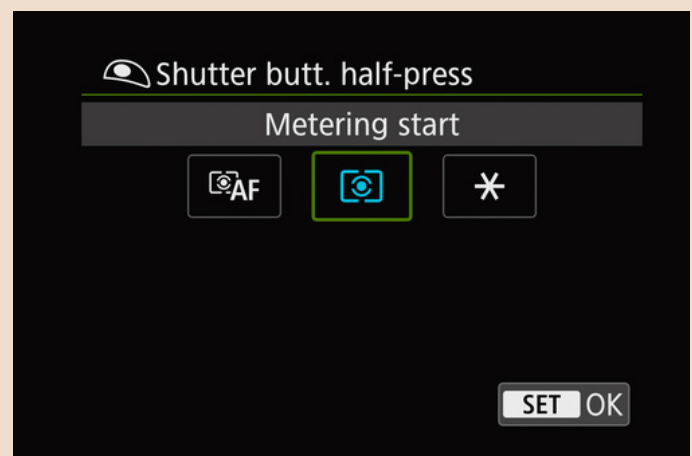
### Customize buttons for shooting

- Here we will assign our buttons for back button focus and assign specific settings to certain buttons. Some of these settings are 2-3 submenus deep.

**Let's go through the photo custom controls on the left side, one by one.**

→ submenu: Custom buttons photo

→ submenu: Shutter button



### Shutter button half-press – Metering start

- We want to set up back button autofocus, therefore I am disabling the focusing function from the shutter button and set it to **Metering start** only
- If you prefer to also focus with the shutter button, you can leave it active
  - I like to have full control over the focus and like to separate it from image taking, so that the camera does not re-focus just before I take an image*

### Movie shooting button – Movie Recording (default)

- Can be reassigned. It only records in auto mode when used in photo mode.

### M-FN – Turn on/off Pre-capture

- Great addition and the best way to turn pre-capture on/off quickly



## AF-ON button

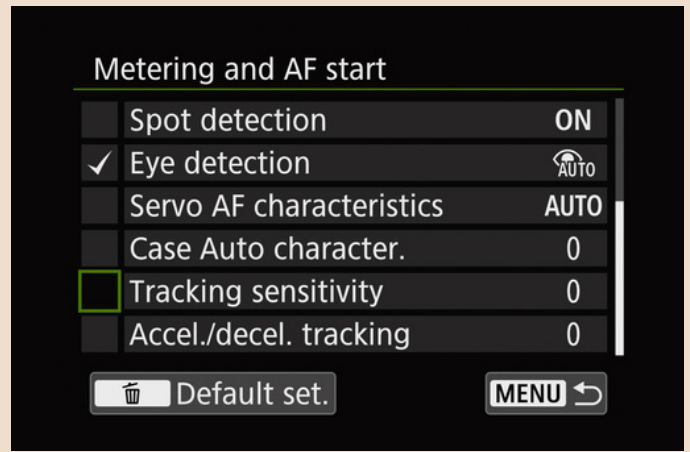
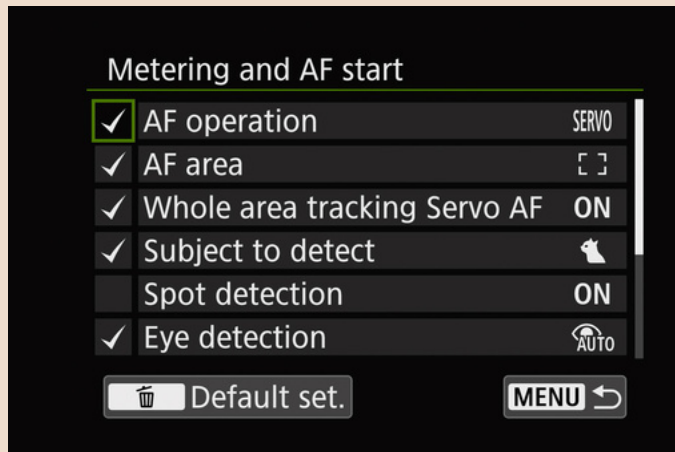
- We will assign eye tracking AF to the AF-On button. This can be done in two different ways

### Option 1

- The easiest way is to navigate to **Eye Detection AF**, this will enable eye tracking while the AF-On button is held down. The subject detection will default to Auto. Pick this option and you're done

### Option 2

- The other option is to select **Metering and AF start** and press **INFO** to access the sub settings menu. There we will select the settings we want the camera to execute when pressing AF-ON.



Here we select what happens when we press and hold the AF-ON button.

### If unticked, the camera will default to what is set in the main menu

- *It makes sense to leave certain options unticked. Unticked options will not be overwritten when pressing the AF-ON button. That way we can select them in the main menu (mainly pink menu) and don't have to come to this sub menu for changes all the time.*
- ✓ **AF operation – SERVO** – Enables continuous AF for moving subjects
- ✓ **AF area** – Whole area AF (tracks subject all over EVF)
- ✓ **Whole area tracking Servo AF: ON** – Allows subject tracking across the frame
- ✓ **Subject to detect – Animals** – Set to subject you want to photograph
- ✓ **Spot detection – For motorsport** – track either car or driver - turn OFF
- ✓ **Eye detection – AUTO** – Automatically detects and focuses on eyes, no bias
- Servo AF characteristics – AUTO**
- Case Auto character. – 0**
- Tracking sensitivity – 0**
- Accel./decel. tracking – 0**

Now we have successfully assigned specific settings to the AF-ON button. Whether you chose option 1 or 2, it will now perform **animal eye tracking & metering start** when pressed. Press menu to return.



Let's keep going with the rest of the buttons, *a few more changes to make.*

### Setting up double back button autofocus

So far, we have disabled shutter button focusing and assigned animal eye tracking to the AF-ON button, but we have not yet assigned a button to do the focusing in our base AF mode (Spot w/o tracking) we set up in the **pink menu**. *This task I assign to the \* button (AE lock).*

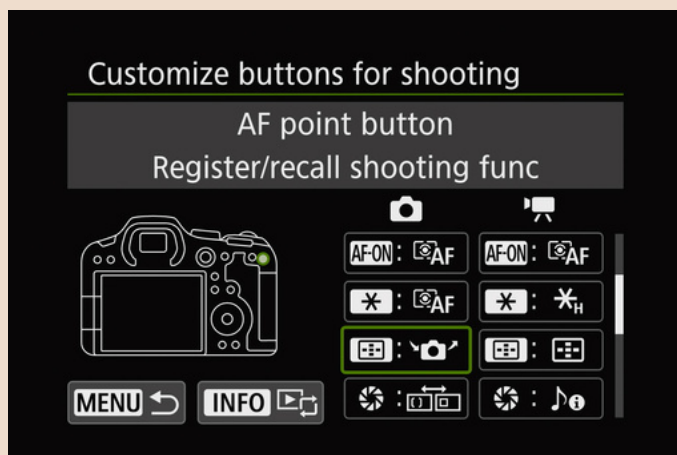
### AE-Lock button (\* button) – Metering and AF start for base AF mode

- Select **Metering and AF start** & press set to confirm
  - You can assign sub settings to this button as well if you press *INFO*, like we did for the AF-ON button, but it's not necessary. We have set all the needed settings for this button in the **pink menu** already.

Now we have successfully set up **double back button AF: AF-ON for eye tracking** and the **\* button for our base AF mode**.







Next, I like to set up another button, which I call either **action or high image quality button**, depending on which settings you choose.

- The idea is that we can press this button to quickly either get a **high shutter speed with high ISO for action** or a **slow shutter speed with low ISO for maximum image quality**
- On the R6 III, I usually dial in settings for fast action. This means: When I want to take a portrait, I get noisy files, because I have a high shutter speed and high ISO dialed in.
  - *That's why I assign the 'AF point button' to be my high image quality button*
- **Whenever I press that button, the camera will jump to a slow shutter speed and auto iso**, allowing me to take nice portraits at lower ISOs. When I let go, it reverts back to the main settings.

*Let's set it up!*

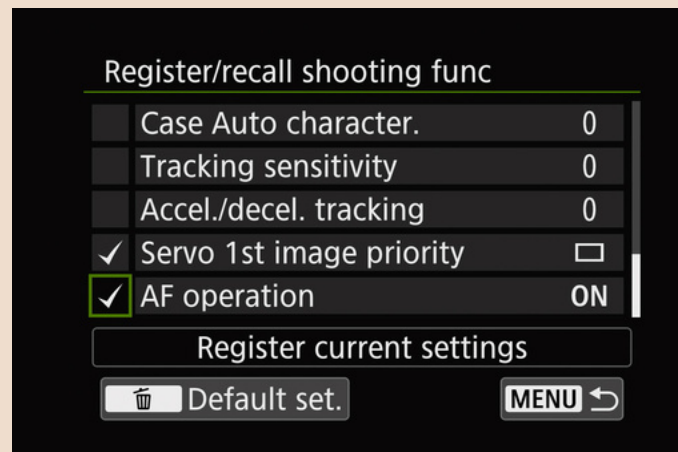
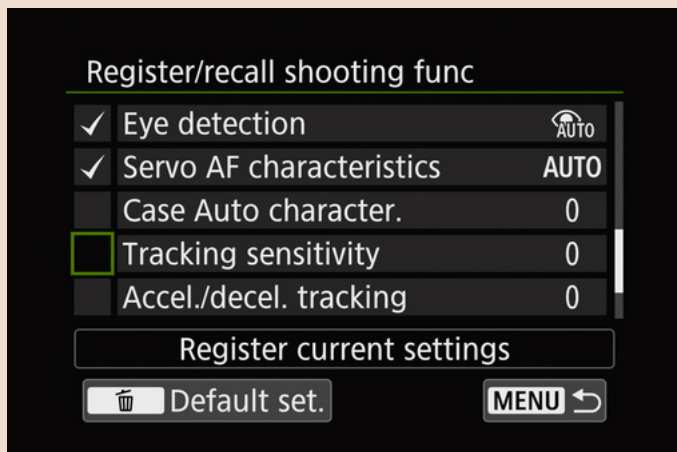
**AF point button** – Action or High IQ settings (*Your choice*)

- Navigate to '**Register/recall shooting func**'
  - Press *INFO* to enter sub settings menu
    - *See next page for details*



**All adjustments you make in this menu and activate (✓) will overwrite your current camera settings while the button is pressed. Unticked settings will default to the ones in the main menu.**

- ✓ **Shutter speed**
  - 1/320 - 1/500 for high image quality mode
  - 1/2000 to 1/4000 for action mode
- ✓ **Aperture** – Adjust depending on the lens
  - I like to set it to around f/5.6
  - If the aperture set here is larger than your lens can do, it will default to the max aperture on your lens, 6.3 for instance
- ✓ **ISO speed – Auto ISO**
  - This will guarantee us good exposure without having to make any changes
- ✓ **Metering mode**
  - Evaluative – For balanced result
- ✓ **Exposure compensation** – Depends on the shooting situation
  - I leave it at 0 or set it to  $-1/3$  for generally decent exposure
- White balance** – Choose AWB or manual
  - I set it to 5400K for balanced results
- ✓ **AF area – Whole Area AF**
  - Let's camera find and track subject all over the EVF
- ✓ **Whole area tracking Servo AF – ON** – Allows tracking all over EVF
- ✓ **Subject to detect – Animals** – Set to subject you want to photograph
- Spot detection** – For motorsport – Track either car or driver – turn off



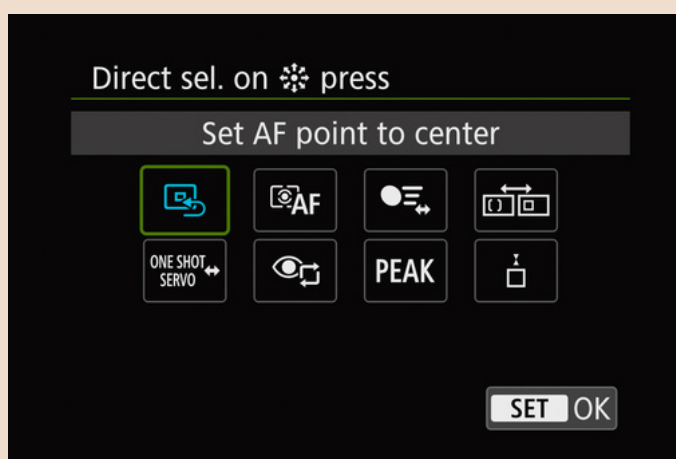
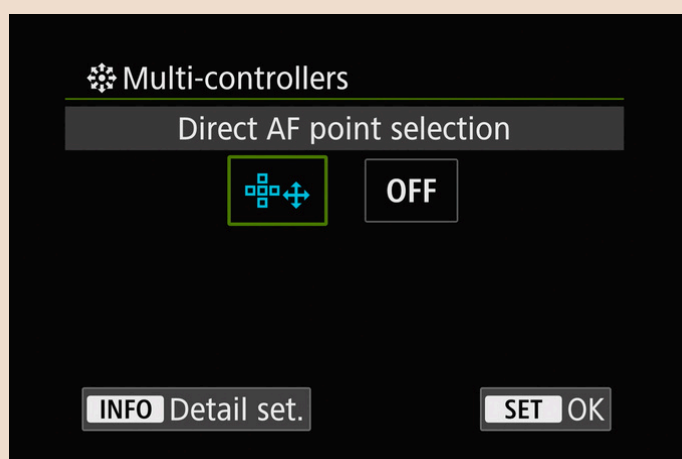
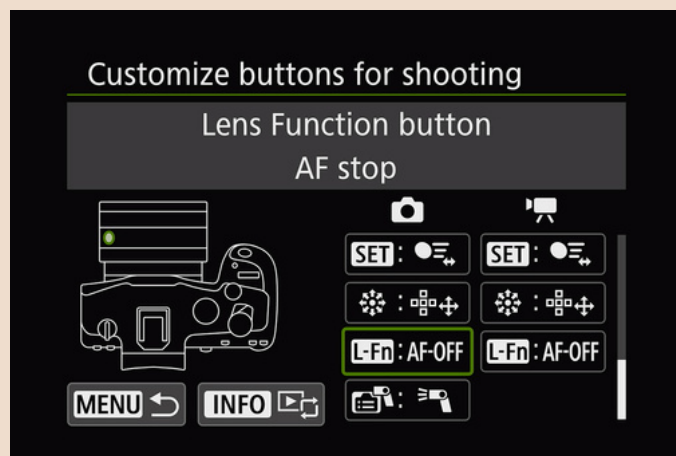
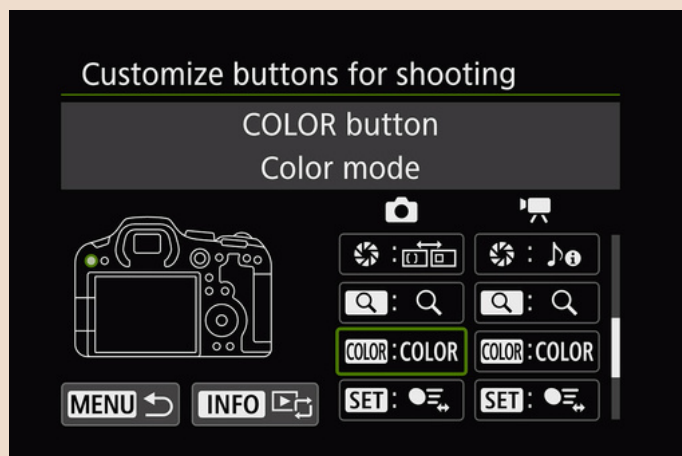
- ✓ **Eye detection – AUTO** – Automatically detects and focuses on eyes, no bias
- ✓ **Servo AF characteristics** – Auto
- ✓ **Case Auto character** – Case 0
- Tracking sensitivity** – 0 (not used)
- Accel./decel. tracking** – 0 (not used)
- ✓ **Servo 1st image priority** – Release priority
- ✓ **AF operation** – ON

**DONE!**

Press *MENU* to confirm and return to main custom button menu.

Now we have **triple back button AF** activated: **One emergency button, the \* button to control our base AF** and the **AF-ON button for eye tracking**.





Let's go through the remaining custom controls on the left side.

**DOF preview button** – Direct AF area selection – toggle through the available AF areas

**Magnifier** – Zoom in – default

**Color/Rate** – Color – default

**Set button** – Start/Stop Whole-area Tracking (*default*)

**Multi-controllers** – Select what happens when using the joystick

- I set it to '**Direct AF point selection**'
  - Press *INFO* to assign what happens when pressing the joystick
  - Select '**Switch to center AF point**' (AF point re-centers on press)

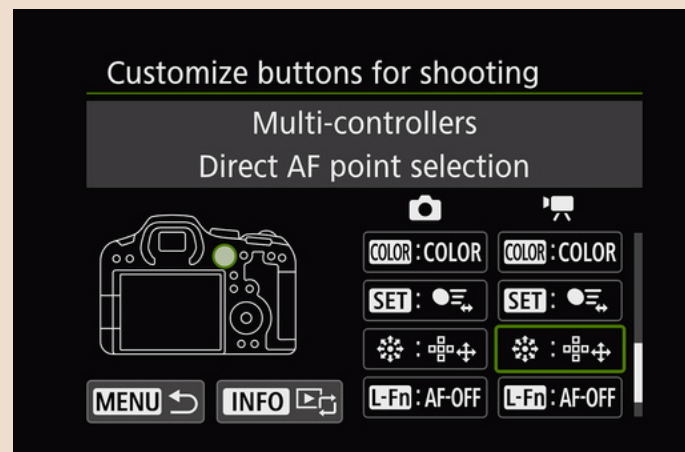
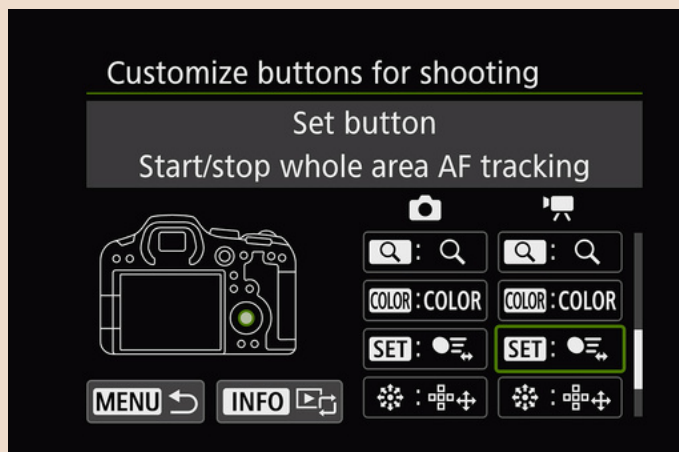
**L-FN button** – AF OFF (*default*)

**Speedlite menu direct button** – Flash function settings (*default*)

**Now we have finally set up all custom buttons for photo!**

There's a few more steps to set up for video as well. *We do this on the next page.*





Let's go through the video custom controls on the right side, one by one.

**M-FN** – Direct AF area selection – toggle through the available AF areas

**Light button** – Illuminate buttons (default)

**Mode** – Mode (default)

**AF-ON** – Metering and AF Start (default)

**AE-lock (\*)** – default

**AF Point button** – AF Point Selection (default)

**DOF preview button** – Audio Status (default)

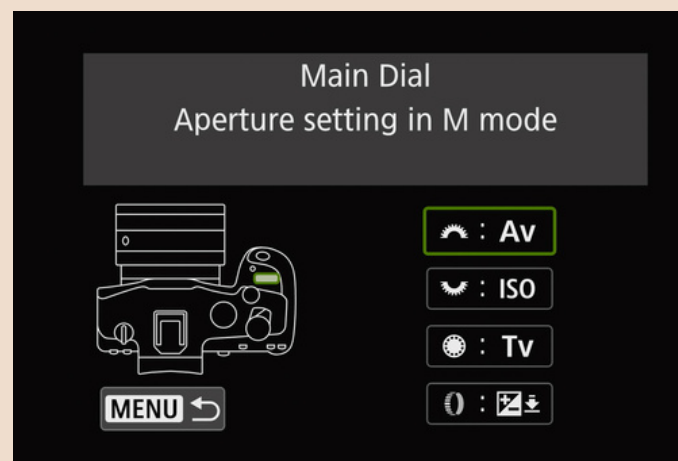
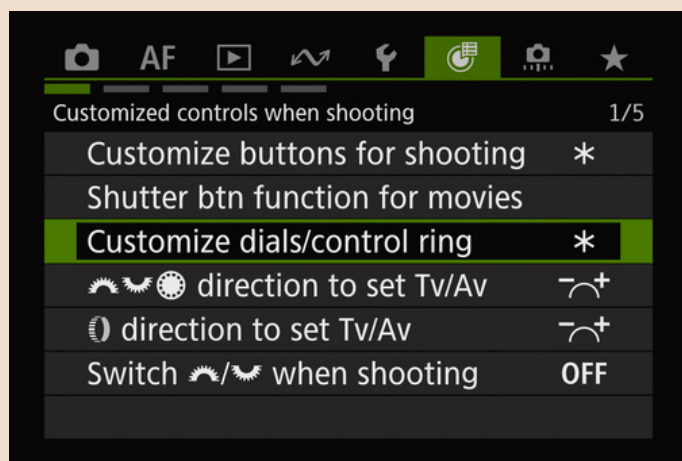
**Set button** – Start/ Stop Whole Area Tracking - Helpful when using zones

**Multi-controllers** – Direct AF point selection

**L-FN button** – AF Stop (default)

I usually use fully continuous video AF, which overwrites a lot of the options here.

Finally done with the custom buttons, press **MENU** to return to **green menu #1**.



Let's finish **green menu #1**.

**Customize dials/control ring** – Set dial/control ring functions

- I like the shutter speed on the rear dial in manual mode, but most people prefer the defaults*

**I leave the other menu items as default.**

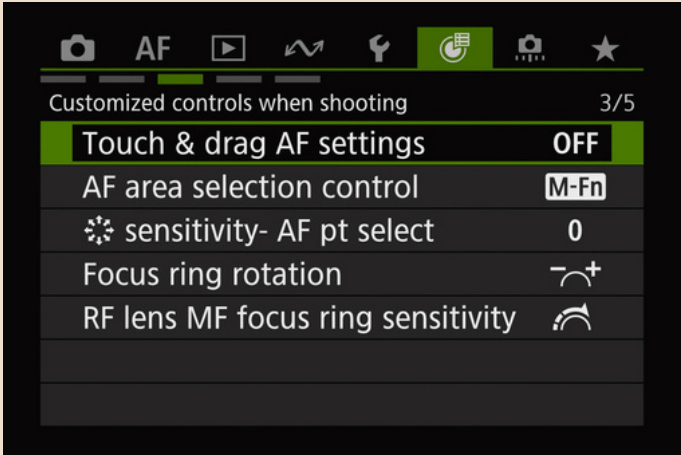
## 2/5: Customized controls when shooting



**Touch Shutter** – Disable – Take image by pressing rear LCD

**Multi function lock** – Disable specific camera controls

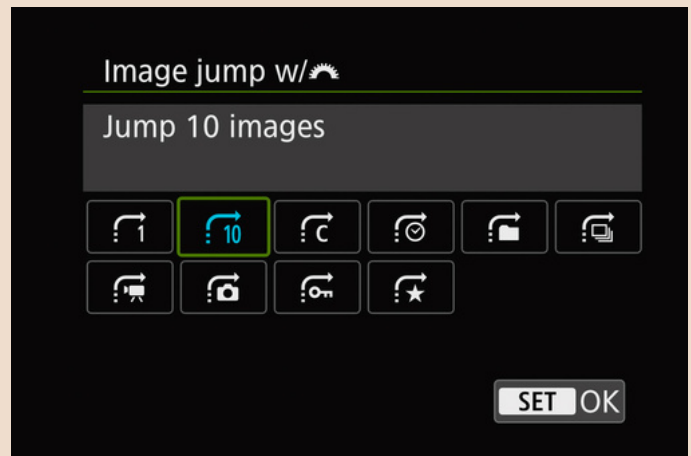
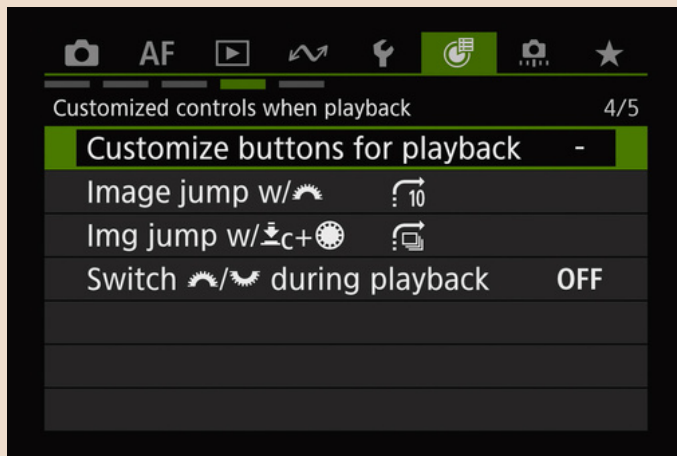
3/5: Customized controls when shooting →



- Touch & Drag AF settings – OFF** – Select areas on LCD to move AF points
- AF area selection control – M-Fn** – Choose dial to cycle between AF areas
- Multi controller sensitivity – AF pt select: 0 (default)** – Standard speed when moving AF points via controller (joystick)
- Focus ring rotation – (default)** – Choose focus ring direction
- RF lens MF focus ring sensitivity – (default)** – Adjust responsiveness of MF ring



R6 III | RF 600 L IS | ISO 1600 | F6.3 | 1/6400



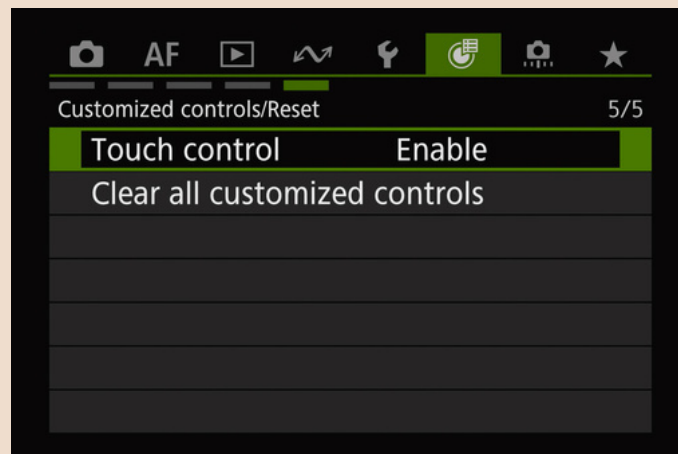
**Customize buttons for playback – (default)** – Assign specific playback functions to customizable buttons

**Image jump w/ Main Dial –**

- *I like to change it to 10 image jumps when I turn the dial in review mode*

**Img jump w/ Ctrl Ring + Quick Control Dial –** Jump to first image of scene

**Switch Main/Quick Dial during playback (default) – OFF** – Toggle between using Main and Quick Control Dials for playback scrolling



**Touch control – Enable** – Enables normal touchscreen operation

**Clear all customized controls** – Resets all custom button/dial settings to default



# ORANGE PHOTO MENU

**This menu deals with *camera operations and customization tweaks* – like shooting modes, shooting speed and various other settings.**

**We will make some important adjustments here.**

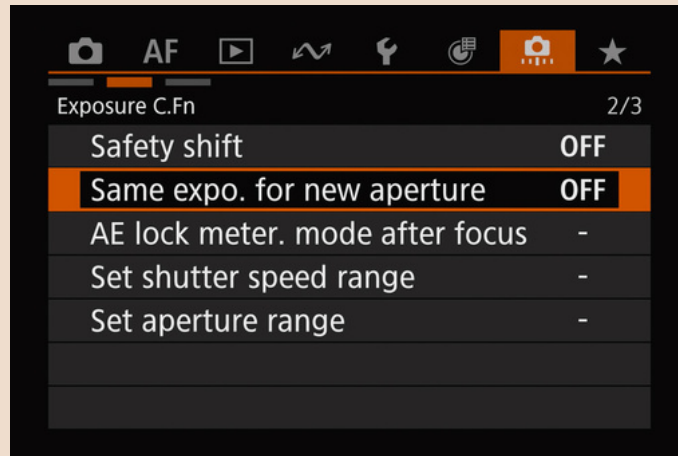
1/3: Exposure C.Fn →

All left as default

Exposure C.Fn	1/3
Exposure level increments	1/3
ISO speed setting increments	1/3
Speed from metering/ISO Auto	AUTO↔
Bracketing auto cancel	ON
Bracketing sequence	0-+
Number of bracketed shots	3

- Exposure level increments – Sets EV adjustment steps for exposure
- ISO speed setting increments – Sets ISO change steps (1/3 or 1 stop)
- Speed from metering/ISO Auto – Determines if auto ISO adjusts shutter/aperture in M mode
- Bracketing auto cancel – Disables bracketing after power-off or mode change
- Bracketing sequence – Defines order of bracketed exposures
- Number of bracketed shots – Number of images during bracketing





*No need to limit or change these settings for most scenarios.*

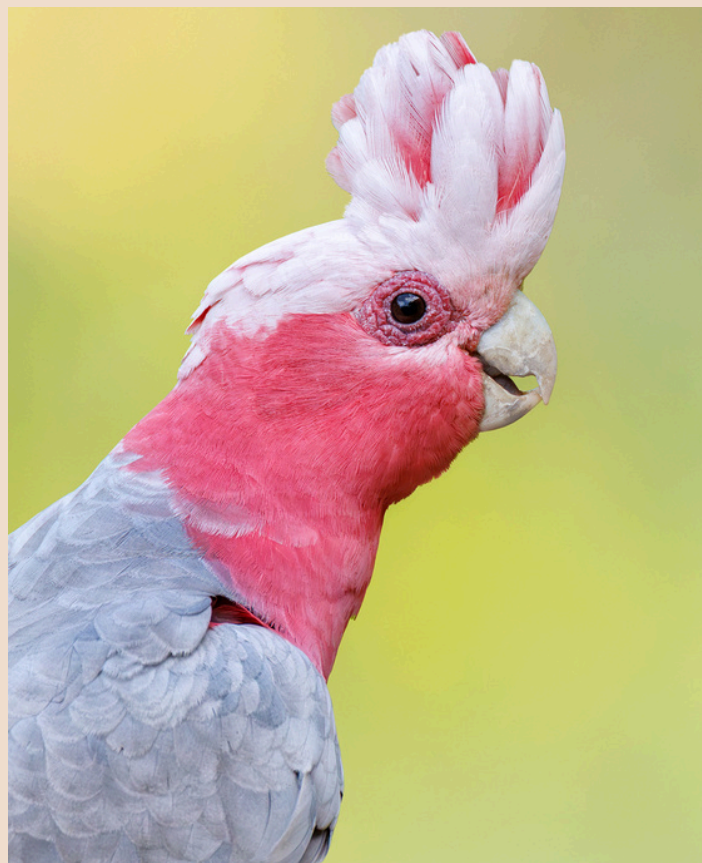
**Safety shift** – Prevents exposure errors by auto-adjusting shutter or aperture if limits are exceeded

**Same expo. for new aperture** – Maintains exposure when changing lenses with different maximum apertures

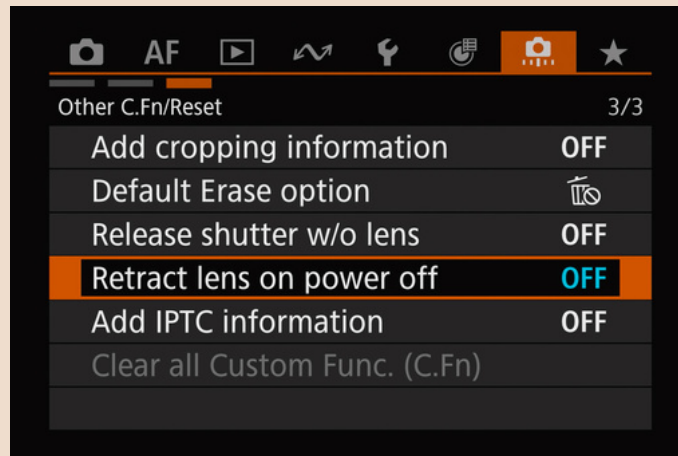
**AE lock meter. mode after focus** – Option to hold exposure after autofocus

**Set shutter speed range** – Customize minimum and maximum allowable shutter speeds

**Set aperture range** – Customize allowed aperture range for lens



R6 III | RF 600 L IS | 2X TC | F8 | ISO 3200 | 1/400



**Add cropping information** – OFF – Metadata for crop display in compatible software

**Default Erase option** – Sets the default behaviour when erasing images

**Release shutter w/o lens** – ON – Allows shutter release with no lens attached

**Retract lens on power off** – OFF – **Important**

- If this is set to ON the camera will lose focus every time it goes into standby mode or gets turned off
- This mode is there to protect lenses that protrude out like the RF 35/1.8, but is useless for long lenses

**Add IPTC information** – OFF – Lets you embed IPTC metadata like author and copyright into image files

**Clear all Custom Functions (C.Fn)** – Erase all custom functions





# DARK GREEN PHOTO 'MY MENU'

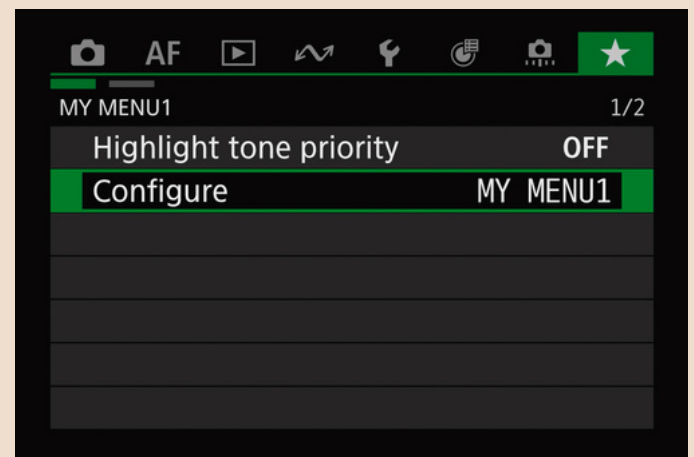
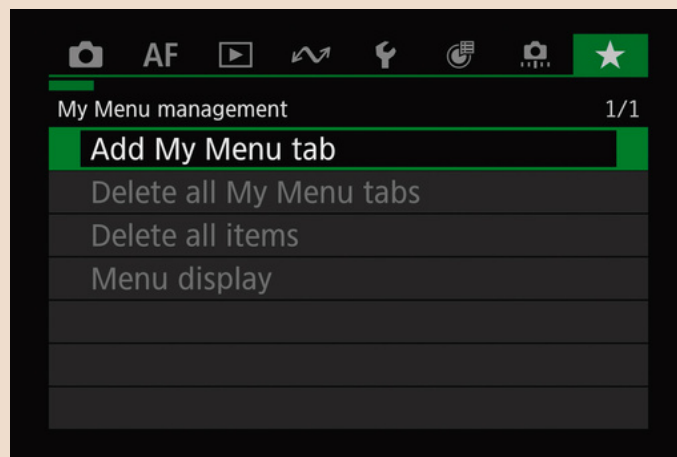
**This menu lets you create a *personalized menu page* with your most-used settings and functions.** It's designed to give you quick access to the features you use most, all in one place.

**This menu is the same for photo and video.**

## 1/1: My Menu management

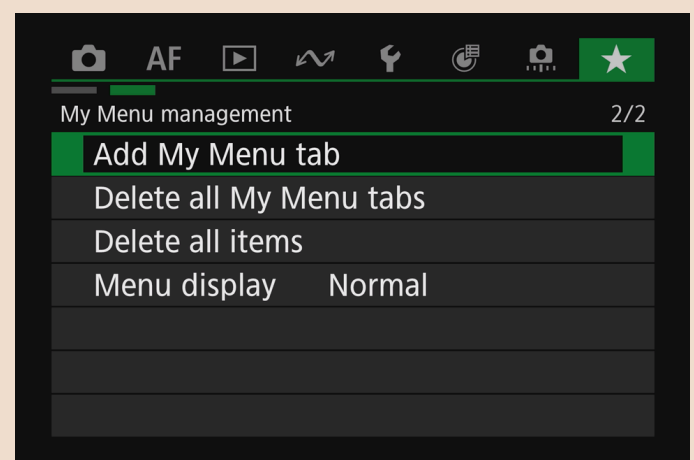
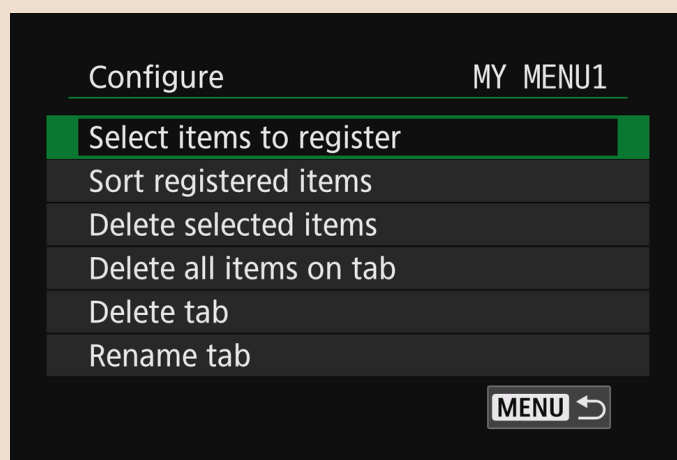
## Sample 'My Menu' tab

This is what the page looks like when my menu isn't set up



→ submenu: **Configure MY MENU1**

→ submenu: **Configure My Menu**



**My Menu** – Create a custom menu for your most used settings

- This gives you quick access to menu items, without having to search through the whole menu

**Add My Menu tab** – Create a new My Menu page to add items .

**Configure** – Add items or make adjustments to My Menu tab

**Select items to register** – Register menu items to your My Menu page

- For instance, AF settings or video modes you want to quickly access

You can only add 6 menu items to one page, after that you have to create a second My Menu tab.

Go to '**Menu Display**' (4th image) to set the camera to always show the My Menu page first when pressing the menu button on the camera.

- Normal for standard menu display.



# **VIDEO** **SETUP**

*To access the video menu, change the  
R6 Mark III to video mode (switch on  
upper left hand side)*

# RED VIDEO MENU

**This menu controls your *video recording settings* –**  
such as resolution, frame rate, compression format,  
and audio settings. It's where you set up how your  
camera captures video.

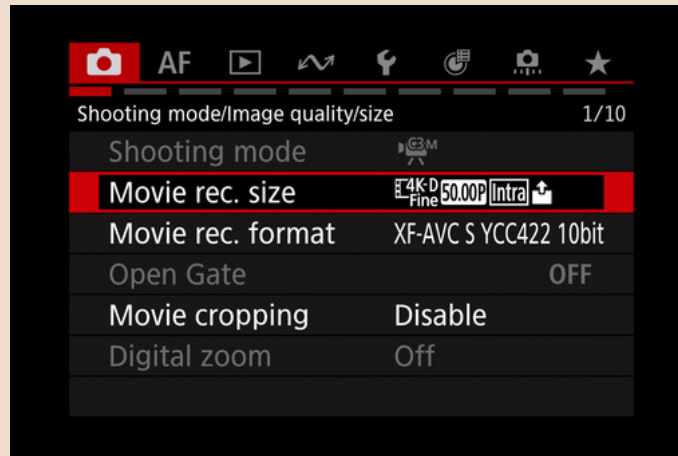
***To access the video menu, change the R6 Mark III to  
video mode (switch on upper lhs.)***

***Not all items in the video menu are for video only.***

**There's a lot of overlap with the photo menu we have  
already set up: These items will remain the same.**

In the video part of this guide I will focus only on the  
settings that are different and needed for video. I will skip  
tabs or sections if they are identical to the photo menu.





The first tab lets us select a large variety of recording options. *I will explain each submenu over the next few pages.*

### Shooting mode – Select on Mode Dia

**Movie rec. size** – Set resolution, frame rate & compression

- Selecting PAL or NTSC in the **yellow menu #2** will determine what frame rates are displayed here

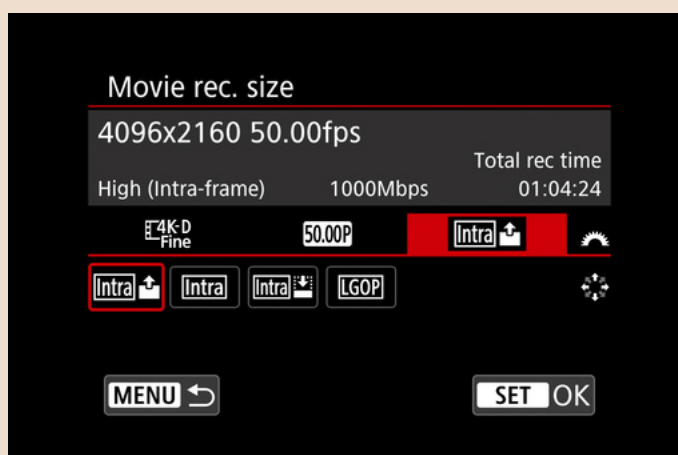
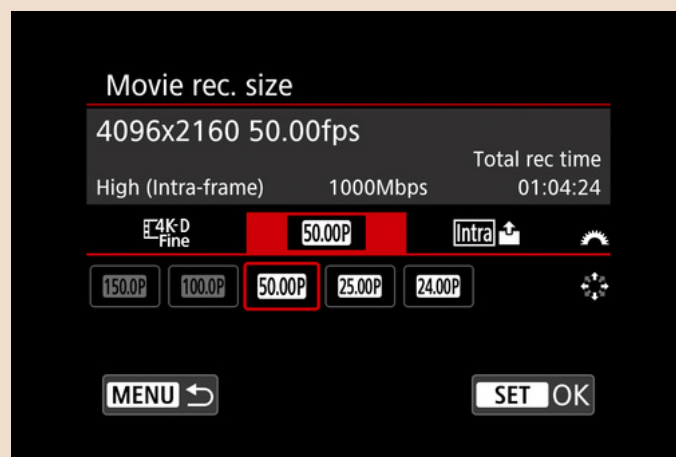
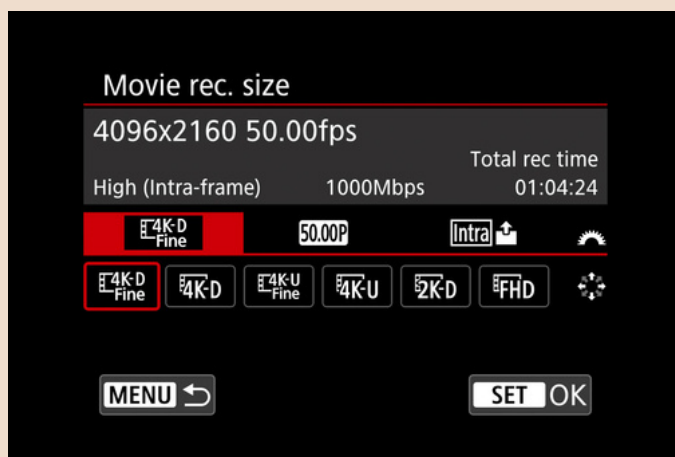
**Movie rec. format** – Choose which codec to use

**Open Gate** – Record in 3:2 format for more versatility, limits recording options

**Movie cropping** – **Disable** – Enable to shoot in 4k with 1.6x crop (not oversampled)

**Digital Zoom** – **Off** – Zooms in and degrades quality, can be done when editing if needed





**Movie rec. size – 1<sup>st</sup> tab** Resolution | **2<sup>nd</sup> tab** Frame Rate | **3<sup>rd</sup> tab** Video Compression

**What shows up in this menu/is selectable, depends on the settings picked for 'Movie crop' & 'Movie rec. format', as well as the ones picked here**

- If you are missing a certain frame rate or option, it's likely because you have selected the wrong codec (Movie rec. format) or frame rate/ rec. size

**Resolution (1<sup>st</sup> tab)** – Select recording size and quality – 'Fine' creates higher quality

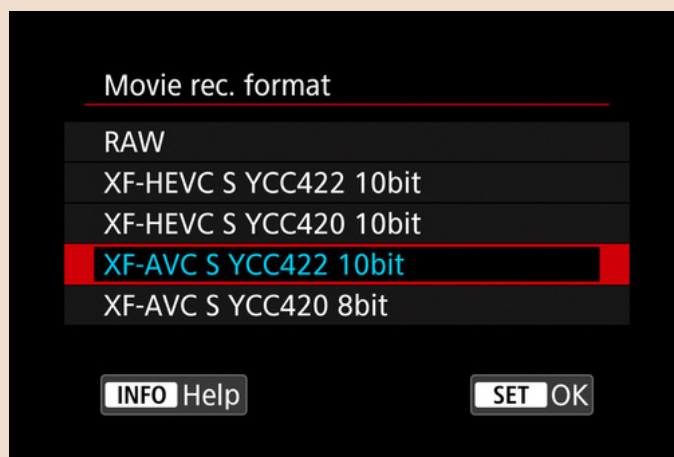
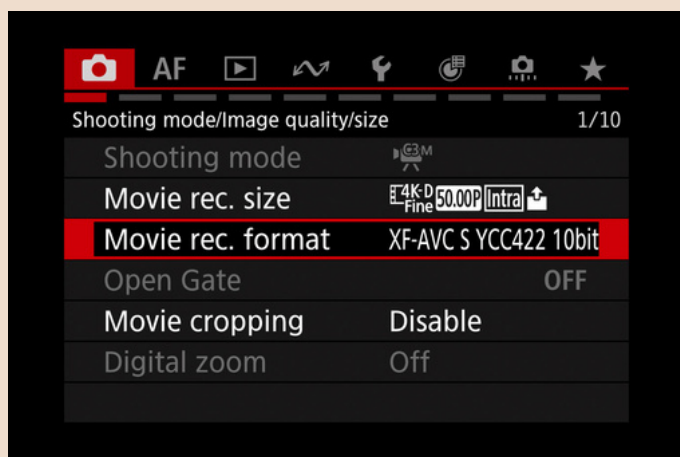
- I recommend shooting in **4k-D Fine** (wider format) fine or **4k-U Fine** (standard size). Both are oversampled high quality 4k.
- The R6 III shoots 7k, if RAW/Open Gate is selected in the other menus

**Frame Rates (2<sup>nd</sup> tab)** – High frame rates have to be enabled outside this menu

- 24/25/30p for real-life speed, especially when filming people
- 50/60p for the ability to slow video down 50% (recommended for most animals)
- 100/120p for slow motion (normal 4k) – 150/180p is only available in FHD

**Video Compression (3<sup>rd</sup> tab)** – Select compression mode and quality

- **High-Intra** (max quality & file size), **Intra** (smaller files), **Low-Intra**
- **LGOP** (strong compression and small file size)
- Depending on the Movie rec. format selection, Intra options may not be visible
- I use High Intra, for best quality. However that creates large files.
- For most Intra, Low-Intra or LGOP should be sufficient and create smaller files



Let's jump to the **Movie rec. format menu**. Here we select our codecs. Depending on the codec chosen, the '**Movie rec. size**' menu will display different options.

- **RAW** – Highest quality, uncompressed, large file sizes, 8k only
- **XF-HEVC 422 10bit** – Efficient codec, high color fidelity (H.265) (LGOP only)
- **XF-HEVC 420 10bit** – Smaller file size, less color data (H.265) (LGOP only)
- **XF-AVC 422 10bit** – Balanced quality & editing flexibility (best quality, larger files)
- **XF-AVC 420 8bit** – Lightweight, good for quick delivery

*I generally like to use XF-AVC 422 10bit and High-Intra for great video quality.*

*For most, XF-HEVC 422 10bit & LGOP may be sufficient and will result in much smaller files.*

*Because it's not easy to navigate the video menu, I like to save my most used video modes as **custom shooting mode**. Each has different frame rates and settings, so I can quickly switch between normal speed and slow motion for instance.*

**If you install my camera set up file, you will have these options installed already.**

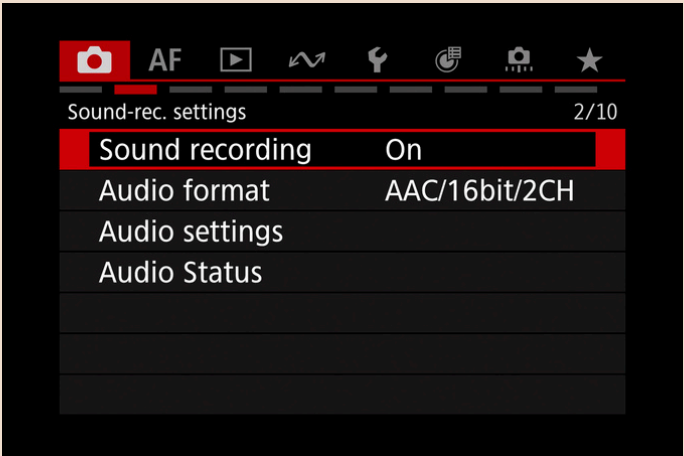
**C1 - 4kD fine** – 25.00P – High-Intra

**C2 - 4k** – High frame rate 100p – High-Intra

**C3 - 4kD fine** – 50fps – High-Intra – high quality 4k

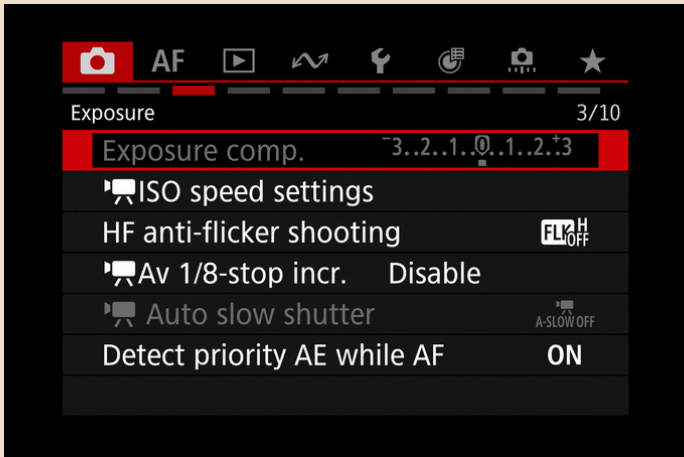
- **C3 is the most important**, because this is the dial position I always leave the R6 III on as explained in yellow menu #7, this allows quick switching from photo to video and back

2/10: Sound-rec. settings



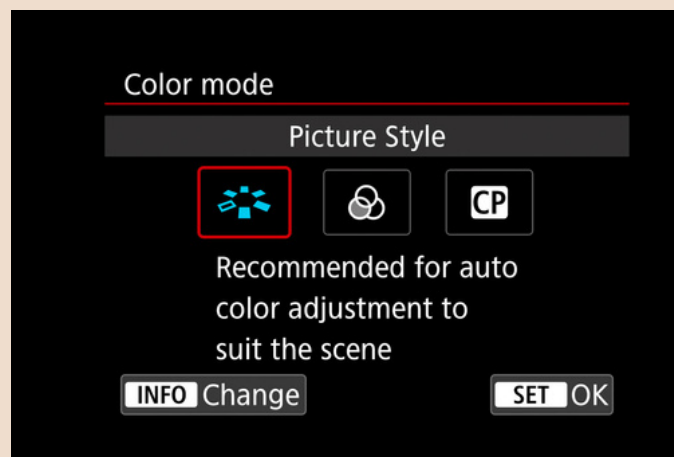
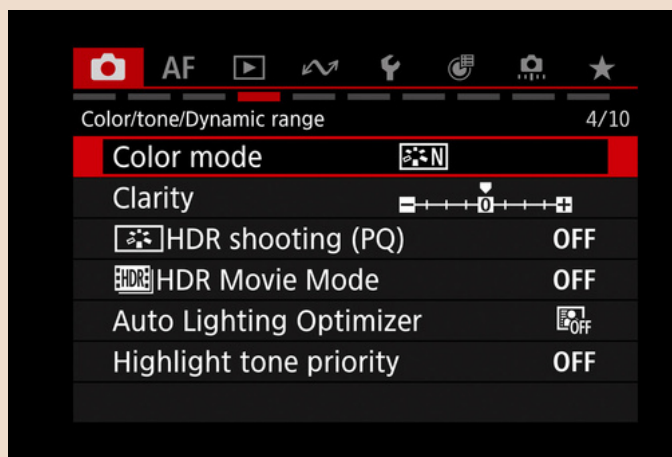
- Sound recording – On** – Enables audio capture during movie recording
- Audio format – AAC/16bit/2CH** – Standard compressed stereo audio at 16-bit quality
- Audio settings – default** – Access mic input level and wind filter options
- Audio Status – default** – Displays live audio level monitoring info

3/10: Exposure All left as default



- Exposure comp.** – Adjust brightness for movie exposure manually
- ISO speed settings** – Set manual or auto ISO range for video recording
- HF anti-flicker shooting – OFF** – Reduces flicker under high-frequency lighting (e.g., LEDs)
- Av 1/8-stop incr. – Disable** – Keeps aperture changes in standard 1/3-stop steps
- Auto slow shutter – Disabled** – Camera won't drop shutter speed to brighten low light scenes
- Detect priority AE while AF – On** – Prioritizes exposure metering accuracy during autofocus





In this menu we pick either a **standard recording style** or **LOG format** (Color Mode) for our videos.

- LOG files have maximum dynamic range (minimal contrast), but require more extensive editing
- For most casual users, leaving custom picture off and selecting a picture style is likely sufficient and will make editing much easier or sometimes unnecessary

*Personally I always shoot in CLOG 2, which gives me the best possible image quality – see next slide for instructions.*

## OPTION 1 – NO LOG

**Custom Picture – Off** – Uses standard Picture Style instead of a custom profile

**Picture Style** – *Image look of video files*

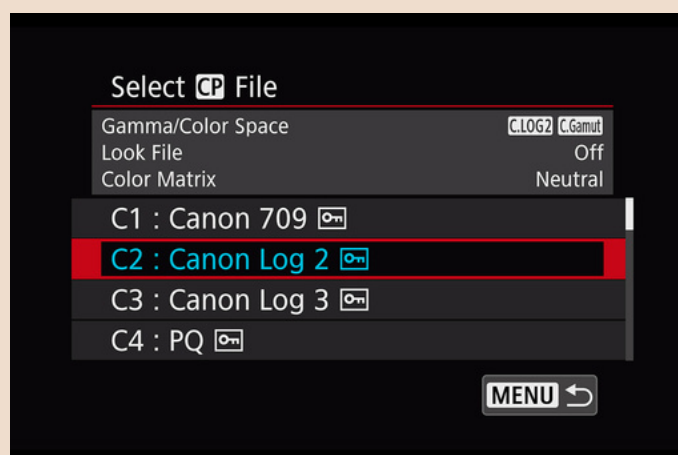
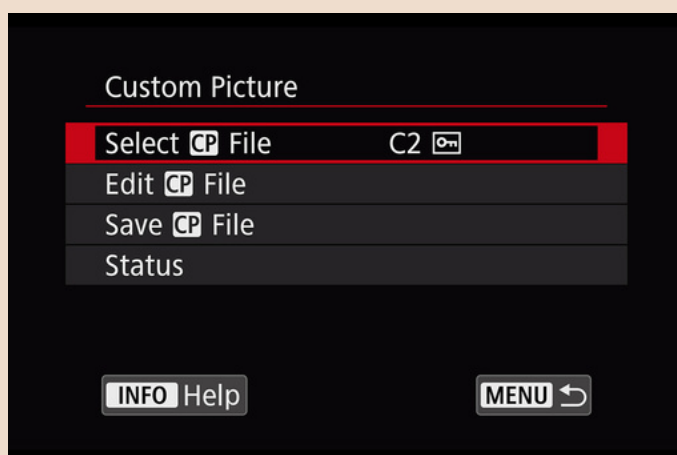
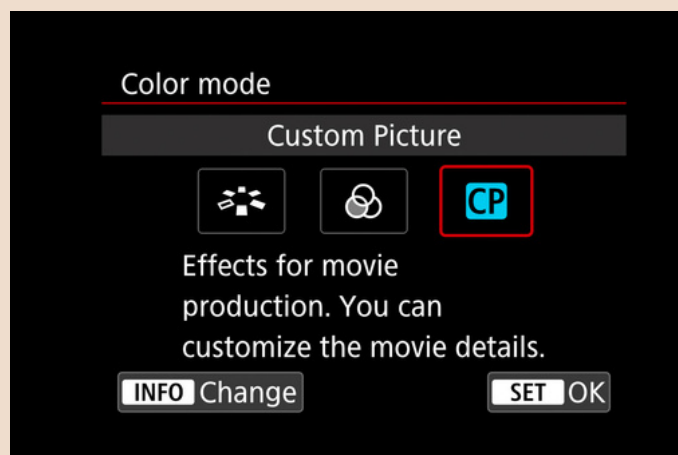
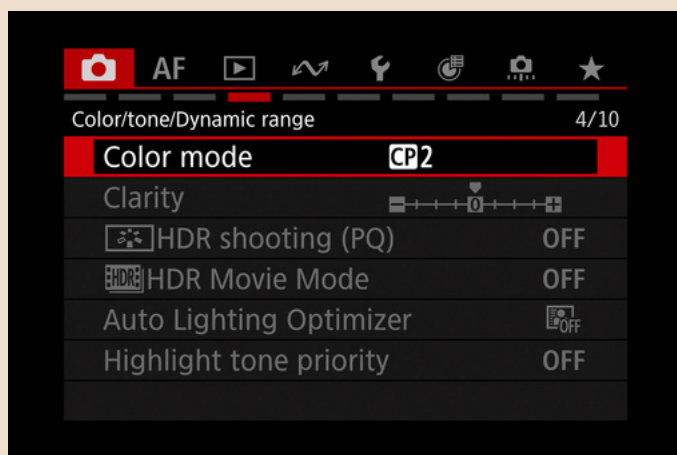
- Access Color Mode and press 'Info' to change style
- Choose **standard** or **neutral** for a softer video look
- Don't apply too much sharpening, as files may look oversharpened
- *I would not recommend to use my photo picture style settings for filming*

**Clarity – 0** – Adjust mid-tone contrast

**HDR shooting (PQ) – Off** – HDR mode with PQ gamma, captures wider dynamic range

**Auto Lighting Optimizer – Off** – Automatic brightness or shadow adjustments

**Highlight tone priority – Off** – More detail in highlights, but more noise in dark areas



## OPTION 2 – LOG

### Custom Picture – ON

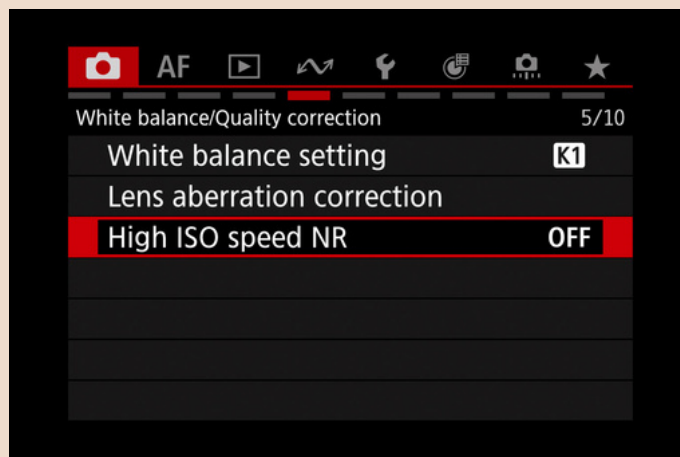
- **Activating Custom Picture will grey out the rest of the menu**
- Select Custom Picture in Color Mode sub menu - Select Canon Log 2

### Select CP File – Choose a profile

- **C1:** Canon 709 – A standard gamma similar to Rec. 709, offering a video-ready look
- **C2: Canon Log 2** – Max. dynamic range, ideal for grading but requires post-processing
  - *I prefer shooting in CLOG2*
- **C3:** Canon Log 3 – Balance between dynamic range and easier grading
- **C4:** PQ – HDR gamma curve suited for HDR displays

**Rest left as default**

## 5/10: White balance/Quality correction



**White balance – 5400K** – I set a manual WB between 5100 and 5800 based on the scene I am shooting

**Lens aberration correction** – Enable/disable corrections for distortion, chromatic aberration, etc.

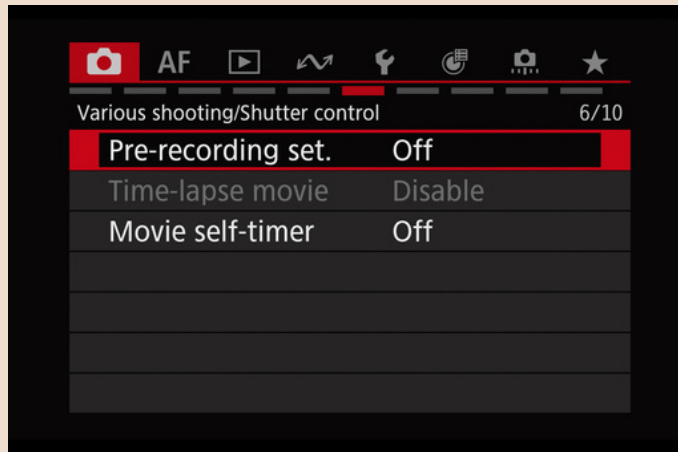
**High ISO speed NR – OFF** – (greyed-out if using LOG) – Noise reduction unavailable in current mode/settings



CLOG2 | not graded |

*You can see the need for editing with these files, but it gives max. dynamic range*

## 6/10: Various shooting



**Pre-recording set. – Off** – Pre-shooting for video

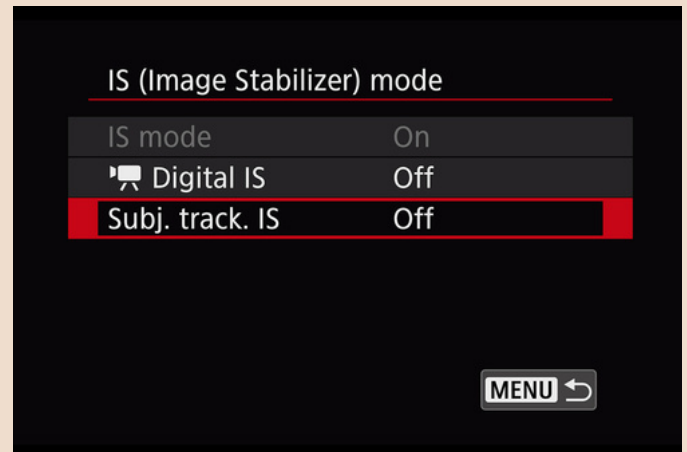
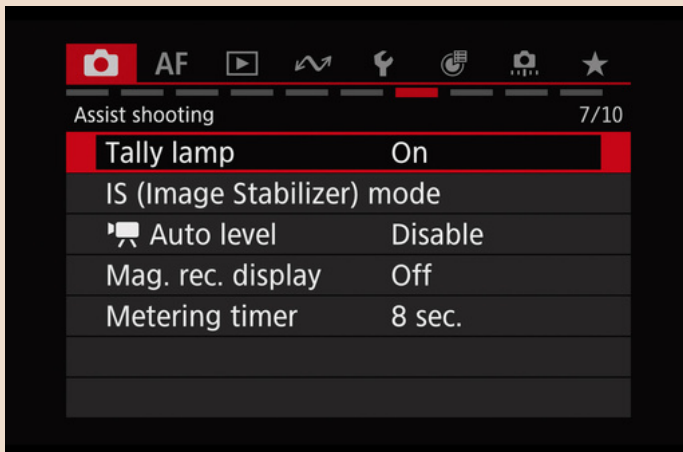
- Capture up to 5 seconds of footage before the record button is pressed
  - *I usually leave it off*

**Time-lapse movie** – Automatically captures frames at set intervals and creates a finished 4K or Full HD video in-camera

**Movie self-timer – Off** – Delays start of video recording

## 7/10: Assist shooting All left as default

→ **submenu: Image Stabilizer**



**Tally lamp – On** – Lights up during recording to indicate active capture

**IS (Image Stabilizer) mode** – Adjusts stabilization strength and method

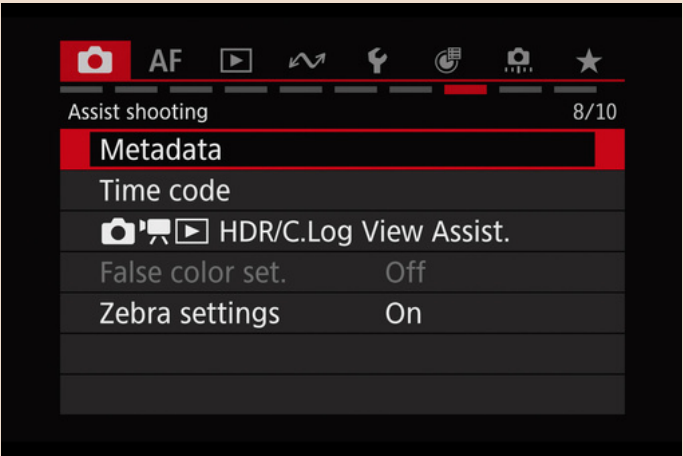
- **Digital IS – OFF** – Digital image stabilisation – Digital IS applies a crop to your video and can make it look robotic
- **Subject tracking IS – Off** – Crops into video

**Auto level – Disable** – When enabled, keeps horizon level during recording

**Mag. rec. display – Off** – Magnify recording display

**Metering timer – 8 sec.** – Sets how long the camera meters before resetting





**Metadata** – Attach user-defined info (e.g. creator name, location) to video files

**Time code** – Enables SMPTE-compliant timecode for syncing multi-cam shoots

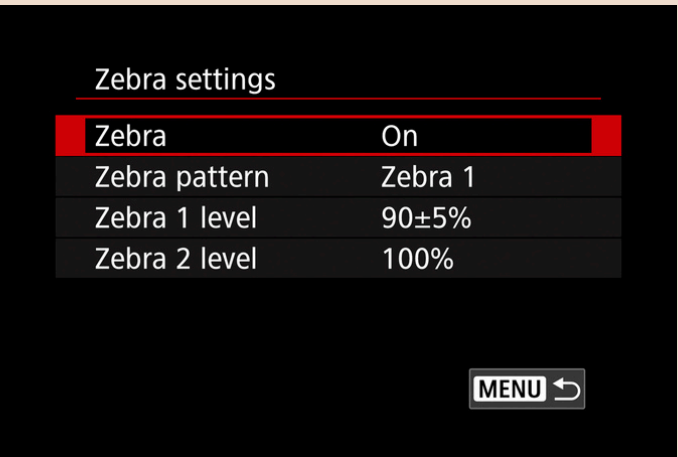
**HDR/C.Log View Assist.** – Displays a preview LUT to simulate HDR or Log footage with normal contrast

**False color set.** – **Off** – Exposure assist tool using color overlays (grayed out due to Zebras being on)

**Zebra settings** – **On** – Highlights overexposed areas with stripes for exposure monitoring

- *I like to use zebras for video to identify areas that are too bright*

→ submenu: Zebra settings



**Zebra** – **On** – Enables zebra stripe overlays for exposure assistance

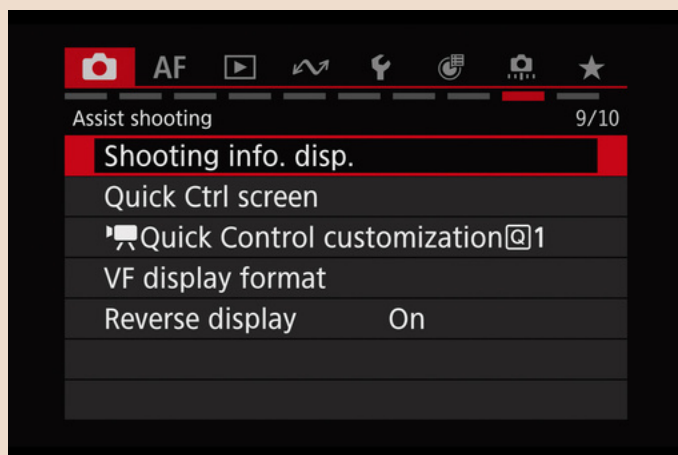
**Zebra pattern** – **Zebra 1** – Uses Zebra 1 pattern (can switch to Zebra 2 or both)

**Zebra 1 level** – **90±5%** – Displays stripes for exposure around 90% brightness

**Zebra 2 level** – **100%** – Highlights areas at peak brightness (100% exposure)

- *If you set the zebras too aggressively they will show up all the time and become irritating*

## 9/10: Assist shooting



Setting up this menu is basically the same as what we did in the photo menu, just for video.

**Shooting info. disp.** – Customize shooting information shown on EVF/screen (similar to photo)

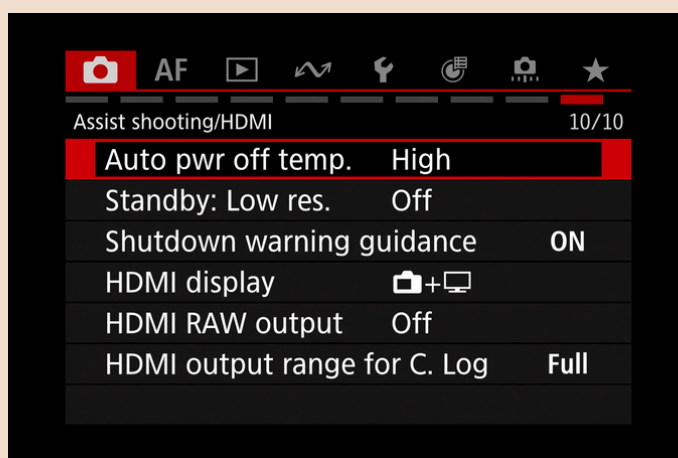
**Movie Quick Control custom.** – Customize Quick Control menu

**Quick Ctrl screen** – Choose layout for the Quick Control screen

**VF display format** – Set format/layout for viewfinder display elements

**Reverse display** – **On** – Reverses screen display when camera is rotated

## 10/10: Assist shooting/HDMI



**Auto pwr off temp.** – **High** – Delays overheating shutdown for longer recording

- Helps to record longer in hotter environments

**Standby: Low res.** – **Off** – Keeps full resolution preview when idle – important when using external screen

**Shutdown warning guidance** – **OFF** – Shows warning messages before shutdown due to heat

**HDMI display** – Output image to camera + external monitor simultaneously

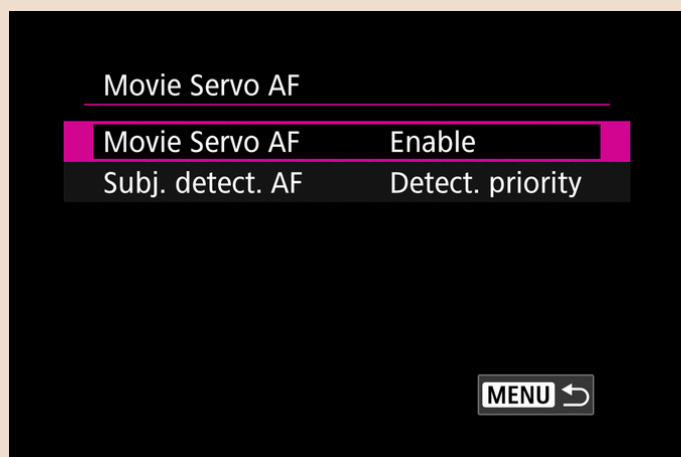
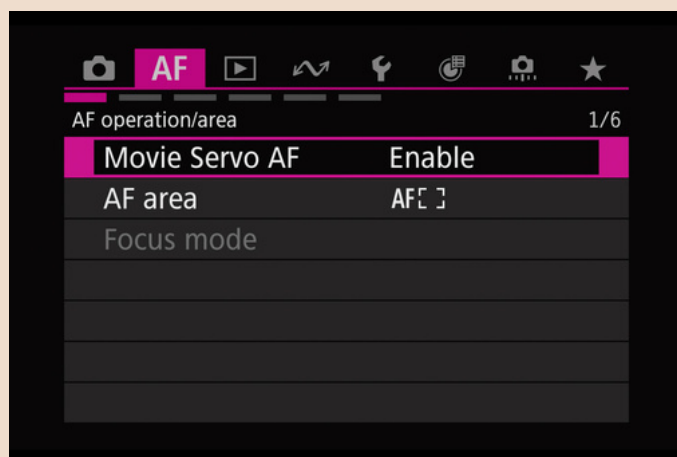
**HDMI RAW output** – **Off** – RAW over HDMI (for external RAW recorders)

**HDMI output range for C. Log** – **Full** – Outputs full range (0–255) for better dynamic range with C-Log

# PINK VIDEO MENU

**This menu handles everything related to *focusing*.** It's where you set how the camera detects and follows your subject when filming.

**We will make a few changes here.**



## → submenu: AF area



**Movie Servo AF – Enable** – Continuous autofocus during movie recording; keeps subjects in focus as they move – **camera never stops focusing**

- **Subj. detect. AF – Detect. priority** – Prioritizes subject detection (e.g., faces or bodies) when focusing; ensures that focus sticks to recognized subjects
- *Combined with eye-tracking AF this gives me the best results*

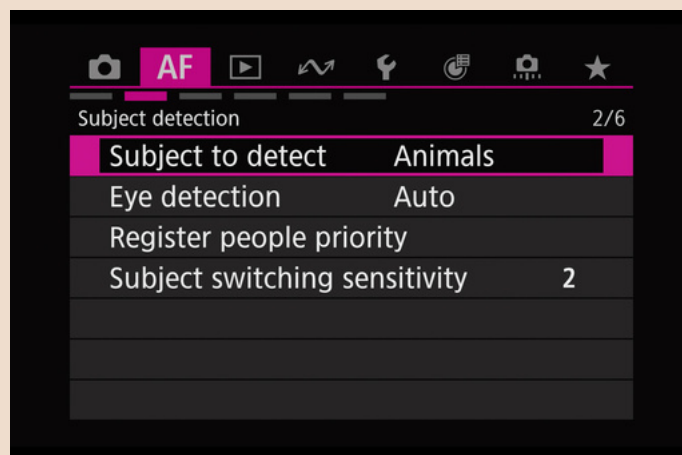
**AF area** – Select autofocus areas

- *I like to use whole-area tracking or a larger zone, letting the camera track the subject all over the viewfinder*
- *I remove options I never use for video to cycle faster through the remaining ones (Pink video menu #5)*
  - These options are different to the ones I pick for photos
  - *For video, I use the far right 'AF Point Selection' button to bring up the different AF area options quickly*
    - We assign this in the **green custom button menu**

**Focus mode** – Greyed-out – MF/AF – Set via switch on the lens or camera body



## 2/6: Subject detection



**Subject to detect – *Animals*** – Prioritizes animal faces/eyes for tracking

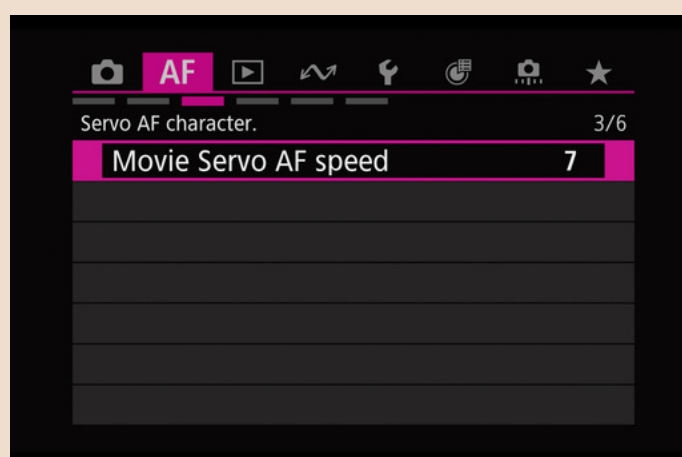
**Eye detection – *Auto*** – Select off, left, or right eye or auto

**Register people priority:** Option to register a certain person for the AF to prioritize

**Switching tracked subjects – 2** – Sets how easily the camera switches between tracked subjects

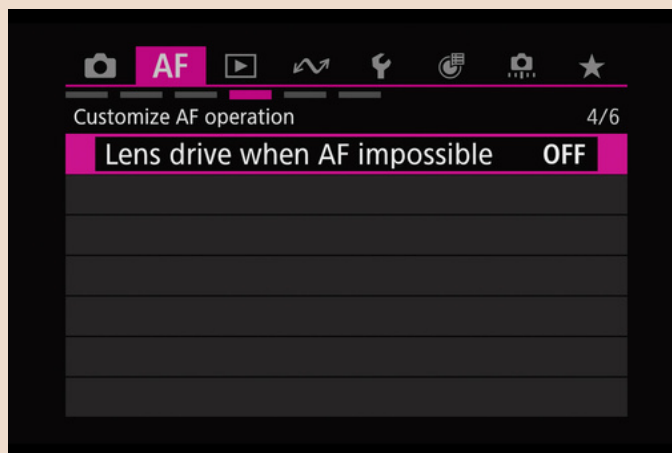
- *I use 2 to 4 and make adjustments if needed. Generally you want video AF to be quite stable and locked on.*

## 3/6: Servo AF character.



**Movie Servo AF speed – 7** – Focus transition speed – Adjust for faster or slower tracking.

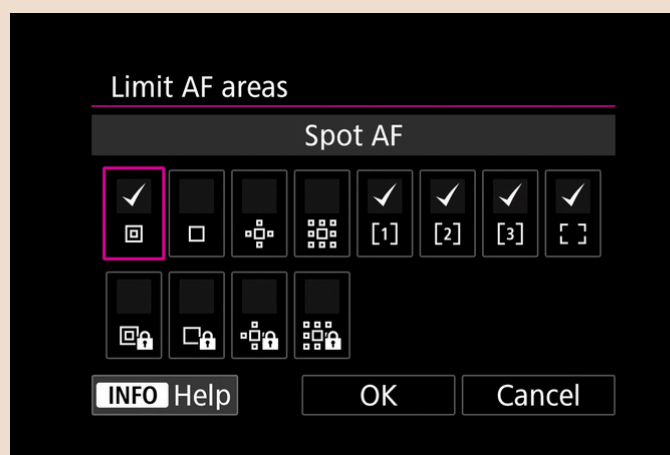
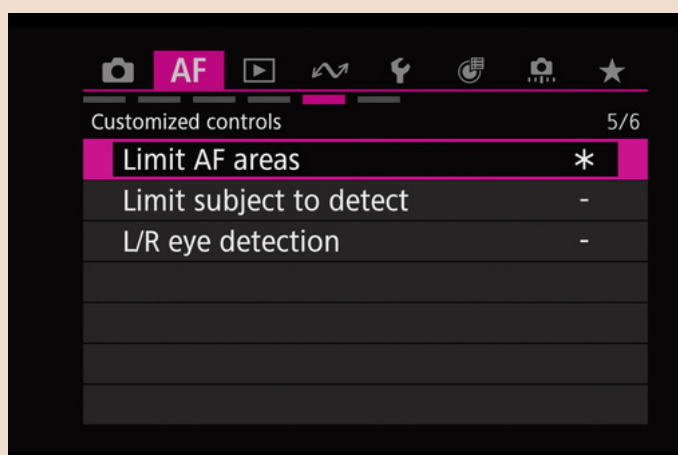
## 4/6: Customize AF op.



**Lens drive when AF impossible** – OFF – Prevents focus hunting and camera getting stuck on BG, but requires pre-focussing for larger distance changes

## 5/6: Customized controls

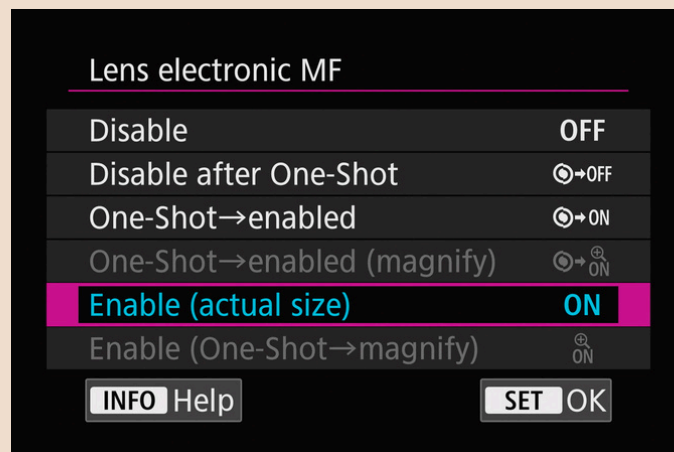
→ **submenu: Limit AF areas**



**Limit AF areas** – Select which AF area modes are available in the menu for quicker switching - disable not used ones

**Limit subject to detect** – Restrict subject detection to specific types (default)

**L/R eye detection** – Prioritize left or right eye when Eye Detection AF is active (default)



**MF peaking settings** – Greyed-out, because zebras are on – Highlights on focus edges in manual focus mode (enter to adjust level and color)

- Helpful when using full MF and I would turn it on and zebras off

**Focus guide (Off)** – Shows visual guide during manual focus; useful for precise focus when using full manual mode – works great in combination with the MF peaking

**Lens electronic MF (ON)** – Enables electronic manual focus override – so you can always manually adjust focus, even when AF is running (**important**)

**Track after Focusing – On** – Keeps tracking the subject even after focus is achieved, instead of locking focus in place



R6 III | RF 600 L IS | ISO 1600 | F6.3 | 1/6400

# BLUE VIDEO MENU

*No changes have been made to the blue menu in video mode compared to what we've done already in photo mode.*



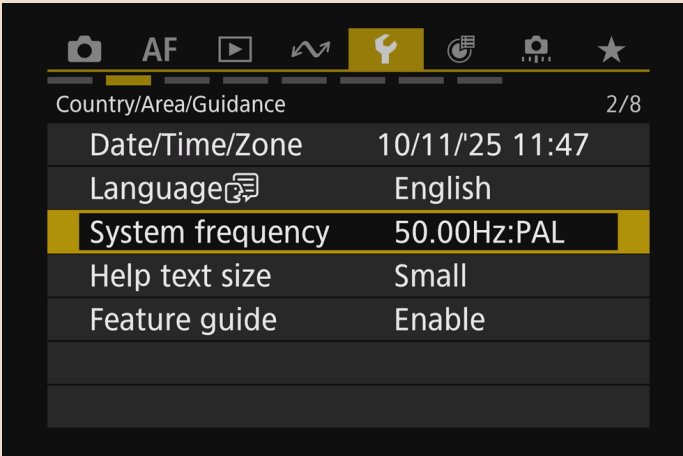
# PURPLE VIDEO MENU

*No changes have been made to the purple menu in video mode compared to what we've done already in photo mode.*

# YELLOW VIDEO MENU

**There are only a few changes I make in the yellow menu,** compared to what we have already set up for photos – ***mainly the custom functions.***

## 2/8: Country/Area/Guidance

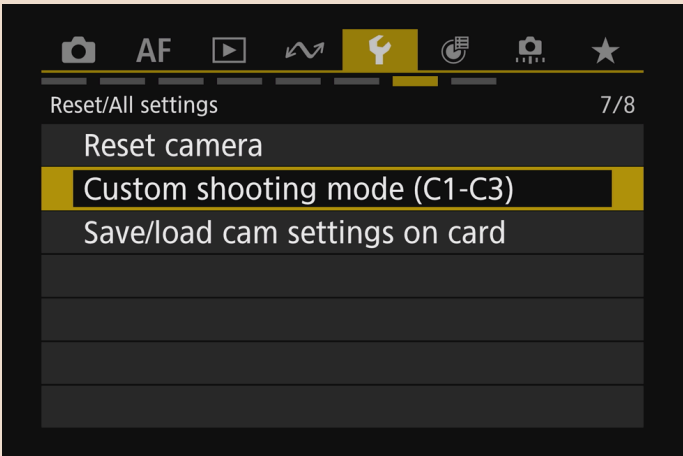


In the second tab, just remember that the system frequency is important. This will determine your available video frame rates.

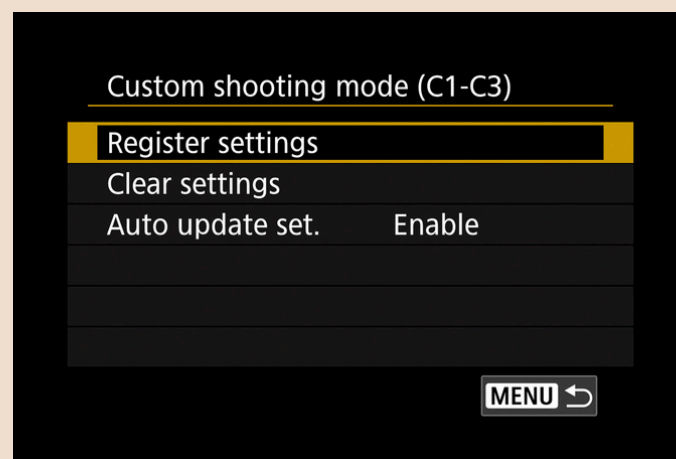
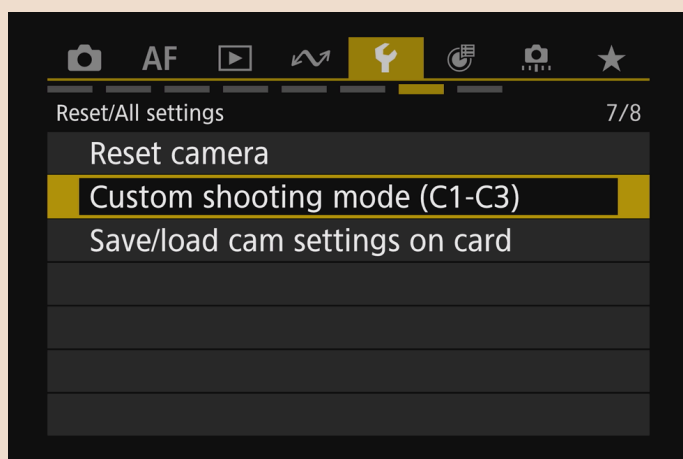
**System frequency** – Match region’s video standard (PAL for EU/Asia, NTSC for US)

- ***This affects the video frame rates available (PAL: 25,50,100 fps, NTSC: 24,30,60,120fps)***
- For wildlife it does not matter, but when filming inside, choosing the right location PAL/NTSC can stop flickering in video files

## 7/8: Custom shooting mode



**For video, this 7th yellow menu is very important. *This is where we save our custom functions.*** We can save 3 different frame rates and settings, so we can easily switch between slow motion and normal speed video for instance, without having to go into the red video menu.



**Register settings** – Save current camera setup to a custom mode

- **Select all settings you want to save** to a particular custom mode, AF mode, subject to detect, custom buttons, ISO, shutter speed, shooting mode, frame rate, etc.
- Once you have them dialed in, go to: **Custom shooting mode > Register settings** and then select **C1, 2 or 3**. This will save all your settings to that custom shooting mode and can be recalled by setting the mode dial to that custom mode.
- Press *MENU* to get back

*These are my go to settings for the three custom functions.*

- Make sure to set the shutter speed to double the frame rate

**If you install my camera set up file, you will have these options installed already. However, LOG will have to be enabled manually.**

**C1 - 4kD fine – 25.00p** – High-Intra

**C2 - 4k – High frame rate 100.00p** – High-Intra

**C3 - 4kD – 50.00p** – High-Intra

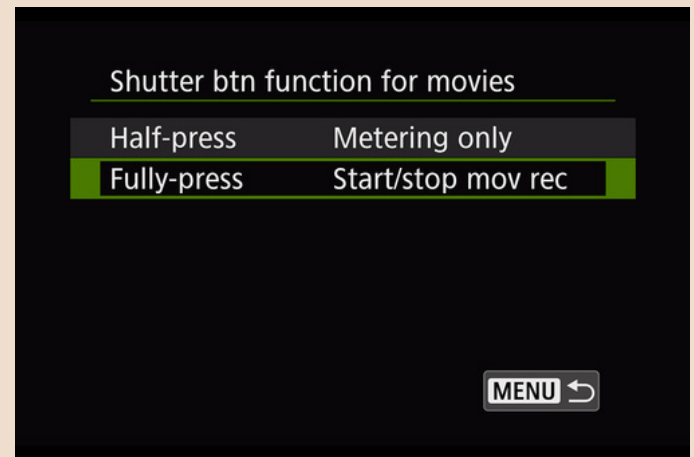
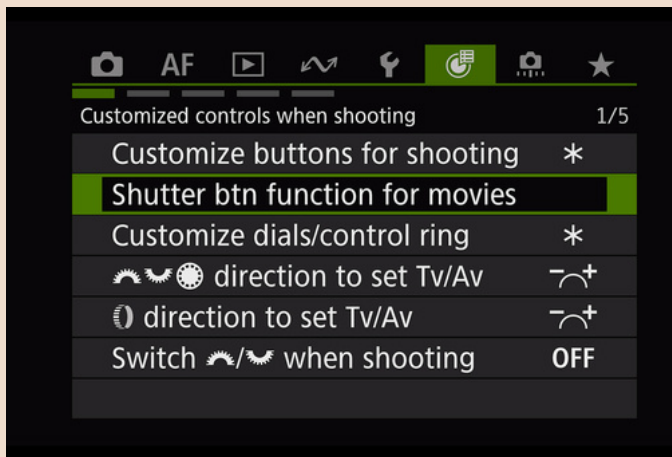
**Auto update set. (Enable/Disable) – Important**

- If enabled, any changes made while using a custom mode will be saved automatically to that custom mode
  - This can be helpful, if you use custom modes in changing environments
- If you prefer to always have the identical settings as your custom mode, *disable it*



# GREEN VIDEO MENU

**This menu is for *customizing controls*.** We have already made most of these adjustments in the green photo menu, including the video custom buttons, **so I will focus on the video specific changes.**



**Customize buttons for shooting** – We have already set these up in the photo menu

**Shutter btn function for movies** – Define what the shutter button does in movie mode

- *I like to set it to start/stop recording video, it's easier to reach sometimes than the red record button*

**Remaining menu unchanged from photo mode**



# ORANGE VIDEO MENU

*No changes have been made to the orange menu in video mode compared to what we've done already in photo mode.*

# DARK GREEN VIDEO 'MY MENU'

*'My Menu' is identical for photo and video.*



# You've made it!



I hope my guide has helped you find the best settings for your R6III. Now it's time to take it outside and take some amazing photos!

**And:** *Capturing great RAW files is just the beginning – **editing makes them truly stand out.***

Feeling stuck or overwhelmed just thinking about editing? Not sure where to start or how to finish? *I can help you.*

I created my **Lightroom** and **Photoshop Masterclasses** to guide you through the entire editing process and teach you my **fast & efficient workflow** – step by step and in easy-to-follow chapters.

You will be able to confidently transform even your most difficult to edit RAW files with ease and get stunning results every single time.

**Let's turn editing from a chore into your favourite part!**

		<p><b><u>Next-Gen Photoshop Class</u></b></p>
<p><b><u>Lightroom Class</u></b></p>		
<p>or</p>		
<p><b><u>Or roam the rest of my shop for more photography courses!</u></b></p>		

# Find me here



***I would love to hear your thoughts*** – please feel welcome to reach out, if you have further questions, feedback or want to share your ideas for future editions. I'm here to help you along the way and can't wait to hear about your photography progress, if you would like to share.

In the meantime, if you haven't already, you can head on over to YouTube and watch my setup videos as an additional resource or find me on my other platforms. You can always say hi.

## ***Find me and contact me here:***



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**Sending you all much love.**





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